



Nutrition Guide

Printed on 02-27-2015 . Information can change frequently, so check www.Baskinrobbins.com for the most current information.

Before placing your order, please inform your server if anyone in your party has a food allergy.

31° Below® Mix-In	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Butterfingers® 31° Below® - Medium	16 oz	840	280	32	19	0.5	70	470	127	3	103	-	21	30	8	60	6
Butterfingers® 31° Below® - Mini	9 oz	430	140	16	10	0	40	240	64	1	54	-	12	15	4	35	2
Butterfingers® 31° Below® - Small	12 oz	620	210	23	14	0	55	340	92	2	75	-	16	20	6	45	4
Chocolate Chip Cookie Dough 31° Below® - Large	24 oz	1180	370	41	23	1	120	650	180	3	141	-	28	45	10	90	8
Chocolate Chip Cookie Dough 31° Below® - Medium	16 oz	860	270	30	17	1	85	470	132	2	102	-	20	35	8	60	6
Chocolate Chip Cookie Dough 31° Below® - Mini	9 oz	440	140	15	9	0	45	240	66	1	54	-	11	20	4	35	4
Chocolate Chip Cookie Dough 31° Below® - Small	12 oz	630	200	22	12	0.5	65	340	96	1	75	-	15	25	6	45	4
Heath® 31° Below® - Large	24 oz	1180	520	58	34	1.5	120	770	144	4	137	-	26	45	10	90	6
Heath® 31° Below® - Medium	16 oz	860	390	43	25	1	85	560	106	3	100	-	19	30	8	70	4
Heath® 31° Below® - Mini	9 oz	430	190	21	12	0	50	280	53	1	50	-	11	20	4	35	2
Heath® 31° Below® - Small	12 oz	630	280	31	18	0.5	65	410	77	2	73	-	14	25	6	50	4
Made with M&M's® 31° Below® - Large	24 oz	1430	510	56	36	1	120	510	206	6	190	-	30	45	10	100	10
Made with M&M's® 31° Below® - Medium	16 oz	1050	370	41	26	1	85	360	151	5	140	-	22	35	8	70	8

31° Below® Mix-In	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	% Daily Value			
														Vitamin A	Vitamin C	Calcium	Iron
Made with M&M's® 31° Below® - Mini	9 oz	500	180	19	12	0	45	200	73	2	67	-	12	20	4	40	4
Made with M&M's® 31° Below® - Small	12 oz	760	270	30	19	0.5	65	270	109	3	101	-	16	25	6	50	6
Made with Snickers® 31° Below® - Large	24 oz	1290	490	54	28	1.5	115	710	176	5	159	-	33	45	10	100	8
Made with Snickers® 31° Below® - Medium	16 oz	950	360	40	20	1	85	520	129	4	116	-	24	30	8	70	6
Made with Snickers® 31° Below® - Mini	9 oz	470	170	19	10	0.5	45	260	64	2	59	-	13	20	4	40	2
Made with Snickers® 31° Below® - Small	12 oz	690	260	29	15	1	60	380	94	3	84	-	17	25	6	50	4
OREO® 'n Caramel 31 Below - Large	24 oz	1170	370	41	22	1	110	970	176	4	138	-	28	45	10	90	20
OREO® 'n Caramel 31 Below - Medium	16 oz	840	250	28	15	0.5	80	700	130	3	103	-	20	30	8	70	10
OREO® 'n Caramel 31 Below - Mini	9 oz	470	140	16	9	0	45	390	72	2	57	-	11	20	4	40	8
OREO® 'n Caramel 31 Below - Small	12 oz	620	200	22	12	0.5	55	510	93	2	72	-	15	25	6	50	10
OREO® 'n Chocolate 31° Below® - Large	24 oz	1220	430	48	30	1	105	860	174	5	137	-	29	40	140	100	25
OREO® 'n Chocolate 31° Below® - Medium	16 oz	890	310	35	23	1	75	590	128	4	102	-	21	30	130	70	20
OREO® 'n Chocolate 31° Below® - Mini	9 oz	500	180	20	13	0	40	340	71	2	57	-	12	15	70	40	10
OREO® 'n Chocolate 31° Below® - Small	12 oz	640	230	26	16	0.5	55	460	92	3	72	-	15	20	70	50	15
OREO® 31° Below® - Large	24 oz	1030	350	39	21	1	100	740	151	4	125	-	27	40	10	90	20
OREO® 31° Below® - Medium	16 oz	750	250	28	15	0.5	70	580	110	3	90	-	19	30	8	60	20
OREO® 31° Below® - Mini	9 oz	400	130	15	8	0	40	290	58	2	49	-	11	15	4	35	8
OREO® 31° Below® - Small	12 oz	550	190	21	11	0.5	55	420	81	2	67	-	14	20	6	45	10
Reese's® Peanut Butter Cup 31° Below® - Large	24 oz	1130	490	54	27	1	110	760	136	6	124	-	34	40	10	90	15

31° Below® Mix-In	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Reese's® Peanut Butter Cup 31° Below® - Medium	16 oz	830	360	40	20	0.5	75	560	100	4	90	-	25	30	8	70	10
Reese's® Peanut Butter Cup 31° Below® - Mini	9 oz	420	170	19	10	0	45	280	51	2	46	-	13	15	4	40	4
Reese's® Peanut Butter Cup 31° Below® - Small	12 oz	600	260	29	15	0.5	60	400	73	3	66	-	18	20	6	50	6

31° Below® Pies	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Heath® 31° Below® Pie	1/9 Pie (122 grams)	350	160	18	11	0	20	190	43	1	34	-	5	6	2	15	4
OREO® 31° Below® Pie	1/9 Pie (129 grams)	380	160	18	11	0	15	220	51	2	35	-	6	6	40	15	10
Reese's® Peanut Butter Cup 31° Below® Pie	1/9 Pie (135 grams)	430	230	26	12	0	15	260	45	2	34	-	9	6	8	15	8

BRight Choices®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Chocolate Éclair Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	45	5	3	0	15	65	23	0	19	-	3	4	2	8	2
Chocolate Éclair Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	230	70	8	5	0	20	105	37	1	30	-	4	6	2	15	2
Fat-Free Vanilla Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	80	0	0	0	0	0	65	17	0	16	-	4	0	2	15	0
Fat-Free Vanilla Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	130	0	0	0	0	5	105	28	0	26	-	6	0	2	20	0
Lemon Sorbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	60	0	0	0	0	0	0	16	0	11	-	0	0	6	0	0
Lemon Sorbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	100	0	0	0	0	0	0	25	0	18	-	0	0	8	0	0
Premium Churned Reduced-Fat, No Sugar Added	1 - 2.5 oz Scoop (71 grams)	120	45	5	3.5	0	15	75	24	2	4	15	3	4	2	10	0

BRight Choices®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Caramel Turtle Truffle Ice Cream - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.																	
Premium Churned Reduced-Fat, No Sugar Added Caramel Turtle Truffle Ice Cream - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	200	70	8	6	0	25	115	38	3	6	24	5	8	2	15	0
Premium Churned Reduced-Fat, No Sugar Added Pineapple Coconut Ice Cream - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	100	35	4	2.5	0	15	45	18	2	5	9	3	6	4	10	0
Premium Churned Reduced-Fat, No Sugar Added Pineapple Coconut Ice Cream - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	160	60	6	4	0	25	75	29	4	7	14	5	8	4	15	0
Premium Churned Reduced-Fat, No Sugar Added Tin Roof Sundae - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	120	40	4.5	2.5	0	15	65	22	2	4	10	3	4	2	10	2
Premium Churned Reduced-Fat, No Sugar Added Tin	1 - 4 oz Scoop (113 grams)	190	70	7	4.5	0	25	100	34	4	7	15	5	8	2	15	2

BRight Choices®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Roof Sundae - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.																	
Raspberry Cheese Louise Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	50	5	3.5	0	20	70	19	0	15	-	3	4	6	10	0
Raspberry Cheese Louise Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	220	80	9	6	0	30	110	31	0	24	-	5	6	10	15	2
Strawberry Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	100	30	3.5	2.5	0	15	40	15	0	13	-	3	2	2	10	2
Strawberry Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	170	50	6	3.5	0	25	65	25	0	20	-	4	4	2	15	2
Super Yumberry Greek Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	130	30	3.5	2	0	15	40	20	0	18	-	4	2	10	15	0
Super Yumberry Greek Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	200	50	5	3.5	0	25	60	32	0	28	-	6	4	15	20	2
Tropical Vacation Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	120	35	4	2.5	0	15	55	20	0	17	-	3	4	6	10	2
Tropical Vacation Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	200	50	6	4	0	25	85	31	0	26	-	5	6	10	15	2

Cappuccino Blast®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cappuccino Blast® (made with Soft Serve) - Large	32 fl oz	520	130	15	10	0	60	220	86	1	74	-	13	15	4	45	2
Cappuccino Blast® (made with Soft Serve) - Medium	24 fl oz	410	110	12	8	0	50	170	66	1	57	-	10	15	4	35	2
Cappuccino Blast® (made with Soft Serve) - Mini	12 fl oz	190	50	6	4.5	0	25	75	30	0	26	-	4	6	2	15	2
Cappuccino Blast® (made with Soft Serve) - Small	16 fl oz	270	70	8	6	0	35	110	44	1	38	-	6	8	2	20	2

Cappuccino Blast®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cappuccino Blast® Caramel - Large	32 fl oz	970	260	29	19	1	110	620	165	1	135	-	13	25	4	45	0
Cappuccino Blast® Caramel - Medium	24 fl oz	730	210	23	15	0.5	90	460	123	0	101	-	10	20	2	35	0
Cappuccino Blast® Caramel - Mini	12 fl oz	400	100	12	8	0	45	260	68	0	55	-	5	8	2	20	0
Cappuccino Blast® Caramel - Small	16 fl oz	470	130	15	10	0	60	280	77	0	64	-	6	10	2	25	0
Cappuccino Blast® Mocha - Large	32 fl oz	770	220	25	16	1	100	180	127	2	94	-	11	20	4	40	4
Cappuccino Blast® Mocha - Medium	24 fl oz	600	180	20	13	0.5	80	140	97	2	72	-	9	15	2	30	4
Cappuccino Blast® Mocha - Mini	12 fl oz	280	90	10	7	0	40	65	43	1	33	-	4	8	2	15	2
Cappuccino Blast® Mocha - Small	16 fl oz	400	120	13	9	0	50	90	65	1	48	-	6	10	2	20	2
Cappuccino Blast® OREO® 'n Cookies - Large	32 fl oz	950	320	36	18	1	85	590	146	3	110	-	15	20	4	45	25
Cappuccino Blast® OREO® 'n Cookies - Medium	24 fl oz	740	260	28	14	0.5	65	450	112	2	85	-	11	15	2	35	20
Cappuccino Blast® OREO® 'n Cookies - Mini	12 fl oz	320	110	13	7	0	35	180	48	1	37	-	5	6	2	15	8
Cappuccino Blast® OREO® 'n Cookies - Small	16 fl oz	490	170	19	10	0	45	300	75	1	56	-	7	10	2	25	10
Cappuccino Blast® Original - Large	32 fl oz	640	220	25	16	1	100	180	94	0	83	-	11	20	4	45	2
Cappuccino Blast® Original - Medium	24 fl oz	500	180	20	13	0.5	80	140	73	0	64	-	9	15	2	35	2
Cappuccino Blast® Original - Mini	12 fl oz	230	90	10	7	0	40	65	33	0	29	-	4	8	2	15	2
Cappuccino Blast® Original - Small	16 fl oz	330	120	13	9	0	55	90	48	0	42	-	6	10	2	20	2
Cappuccino Blast® Turtle - Large	32 fl oz	970	230	26	15	0.5	85	610	174	2	134	-	12	20	4	45	15
Cappuccino Blast® Turtle - Medium	24 fl oz	780	190	21	12	0.5	70	480	141	2	107	-	10	15	2	35	10

Cappuccino Blast®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cappuccino Blast® Turtle - Mini	12 fl oz	380	90	10	6	0	35	220	68	1	52	-	5	8	2	15	6
Cappuccino Blast® Turtle - Small	16 fl oz	510	120	14	8	0	45	320	91	1	70	-	6	10	2	20	8
Iced Cappy Blast® Mocha - Large	32 fl oz	610	90	10	6	0	35	240	117	2	86	-	16	20	2	60	2
Iced Cappy Blast® Mocha - Medium	24 fl oz	460	60	7	4.5	0	30	180	88	1	65	-	12	15	2	45	2
Iced Cappy Blast® Mocha - Mini	12 fl oz	200	30	3.5	2	0	15	90	38	0	29	-	6	6	0	20	0
Iced Cappy Blast® Mocha - Small	16 fl oz	300	45	5	3	0	20	120	58	1	43	-	8	10	0	30	2
Iced Cappy Blast® Original - Large	32 fl oz	430	90	9	6	0	40	230	70	0	63	-	16	20	2	60	0
Iced Cappy Blast® Original - Medium	24 fl oz	320	60	7	4.5	0	30	180	53	0	47	-	12	15	2	45	0
Iced Cappy Blast® Original - Mini	12 fl oz	160	30	3.5	2.5	0	15	90	26	0	24	-	6	6	0	20	0
Iced Cappy Blast® Original - Small	16 fl oz	210	45	4.5	3	0	20	115	35	0	31	-	8	10	0	30	0

Classic Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cherries Jubilee Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	60	7	4.5	0	30	45	16	0	12	-	2	6	2	10	2
Cherries Jubilee Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	220	100	11	7	0	45	75	26	1	19	-	4	8	2	15	2
Chocolate Chip Cookie Dough Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	90	9	6	0	30	80	20	0	15	-	3	6	2	10	0
Chocolate Chip Cookie Dough Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	140	15	10	0	50	130	32	0	24	-	4	8	2	15	2

Classic Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Chocolate Chip Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	90	10	6	0	35	55	15	1	11	-	3	6	2	10	4
Chocolate Chip Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	140	16	10	0	55	85	23	1	18	-	5	10	2	15	6
Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	80	9	6	0	30	75	16	1	12	-	3	6	2	10	6
Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	130	14	9	0	50	120	26	2	19	-	5	10	2	15	8
Daiquiri Ice - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	60	0	0	0	0	0	0	16	0	12	-	0	0	0	0	0
Daiquiri Ice - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	100	0	0	0	0	0	0	26	0	19	-	0	0	0	0	0
Gold Medal Ribbon® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	5	0	30	95	19	0	13	-	3	6	2	10	8
Gold Medal Ribbon® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	110	13	8	0	45	150	30	1	21	-	5	10	2	15	15
Jamoca® Almond Fudge Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	9	4.5	0	25	50	17	1	12	-	3	4	2	10	2
Jamoca® Almond Fudge Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	15	7	0	40	80	28	1	19	-	5	8	2	15	4
Jamoca® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	80	8	5	0	35	55	13	0	11	-	3	6	2	10	0
Jamoca® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	220	120	13	8	0	55	85	21	0	17	-	5	10	2	15	0
Made with Snickers® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	5	0	30	95	21	0	15	-	3	6	2	10	6
Made with Snickers® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	130	14	8	0	45	150	33	0	25	-	5	8	2	15	10
Mint Chocolate Chip Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	90	10	6	0	35	55	15	1	11	-	3	6	2	10	4
Mint Chocolate Chip Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	140	16	10	0	55	85	23	1	18	-	5	10	2	15	6
Nutty Coconut Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	110	12	6	0	30	65	15	1	10	-	4	6	2	10	2
Nutty Coconut Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	290	170	19	9	0	45	100	24	1	17	-	6	8	2	15	2

Classic Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
OREO® Cookies 'n Cream Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	9	5	0	30	85	17	0	12	-	3	6	2	10	2
OREO® Cookies 'n Cream Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	15	9	0	50	130	28	0	20	-	5	10	2	15	4
Old Fashioned Butter Pecan Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	100	11	5	0	35	70	13	1	10	-	3	6	2	10	0
Old Fashioned Butter Pecan Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	160	18	9	0	50	110	20	1	16	-	5	10	2	15	2
Peanut Butter 'n Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	110	13	6	0	25	105	16	1	11	-	5	6	2	10	4
Peanut Butter 'n Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	180	20	9	0	45	170	25	2	17	-	7	8	2	15	8
Pink Bubblegum Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	5	0	30	60	20	0	17	-	3	6	2	10	0
Pink Bubblegum Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	110	12	8	0	50	90	31	0	27	-	4	8	2	15	0
Pistachio Almond Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	110	12	5	0	30	50	13	1	10	-	4	6	2	10	2
Pistachio Almond Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	170	19	8	0	50	80	21	1	15	-	7	10	2	20	2
Pralines 'n Cream Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	5	0	30	110	20	0	15	-	3	6	2	10	6
Pralines 'n Cream Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	14	8	0	45	170	32	1	25	-	4	8	2	15	10
Rainbow Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	80	10	1.5	1	0	5	15	17	0	13	-	1	2	2	4	0
Rainbow Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	130	20	2	1.5	0	10	25	27	0	20	-	1	2	2	6	0
Reese's® Peanut Butter Cup Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	100	11	6	0	30	90	20	1	19	-	4	6	2	10	2
Reese's® Peanut Butter Cup Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	150	17	9	0	50	140	32	1	30	-	6	8	2	15	2
Rocky Road Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	90	9	5	0	30	70	19	1	13	-	4	6	2	10	6
Rocky Road Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	140	15	8	0	45	110	29	2	21	-	6	8	2	15	8

Classic Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Vanilla Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	90	10	6	0	40	40	13	0	11	-	3	8	2	10	0
Vanilla Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	140	16	10	0.5	65	65	21	0	17	-	4	10	2	15	0
Very Berry Strawberry Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	130	60	7	4	0	25	40	15	0	13	-	2	6	10	8	2
Very Berry Strawberry Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	200	100	11	7	0	40	65	23	0	20	-	4	8	15	15	2
World Class® Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	90	10	7	0	30	55	16	1	11	-	3	6	2	10	2
World Class® Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	140	16	11	0	45	90	25	1	18	-	5	8	2	15	4

Classic Sundaes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Banana Royale Sundae	1 Serving (321 grams)	620	260	28	19	1	85	200	87	5	73	-	9	15	15	25	4
Brownie Sundae	1 Serving (303 grams)	920	430	47	22	1	150	460	119	2	97	-	12	15	4	25	8
Classic Banana Split	1 Serving (571 grams)	1010	310	34	20	1	115	240	173	8	125	-	12	20	45	30	10
Two-Scoop Sundae	1 Serving (203 grams)	530	260	29	19	0	85	200	61	0	51	-	8	15	2	20	2

Cones	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cake Cone	1 Cone (7 grams)	25	0	0	0	0	0	15	5	0	0	-	0	0	0	0	2
Camouflage Waffle Cone	1 Cone or Bowl (44 grams)	130	30	3	0.5	0	10	0	23	0	11	-	2	0	0	0	4
Green Waffle Cone	1 Cone (43 grams)	120	25	3	0.5	0	5	0	22	0	10	-	2	0	0	0	4

Cones	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Sugar Cone	1 Cone (12 grams)	45	0	0.5	0	0	0	35	9	0	3	-	1	0	0	0	2
Waffle Cone	1 Cone (48 grams)	130	30	3.5	0.5	0	10	0	24	1	11	-	2	0	0	0	6

Cups & Cones	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Vanilla Soft Serve - Kids Size	3 oz	130	40	4.5	3	0	20	75	18	0	17	-	4	8	2	15	0
Vanilla Soft Serve - Large Size	9 oz	380	120	14	9	0	55	220	55	1	52	-	13	20	6	45	2
Vanilla Soft Serve - Regular Size	6 oz	250	80	9	6	0	35	150	37	1	35	-	8	15	4	30	0

Desserts	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Brownie a la Mode	1 Slice (78 grams)	260	120	13	9	0	20	130	36	2	26	-	3	4	0	8	8
Chocolate Mint	1/8 cake (112 grams)	290	160	18	13	0	40	90	30	1	27	-	4	8	2	10	6
Double Chocolate Chip	1/16 cake (126 grams)	360	190	21	11	0	40	210	42	2	33	-	5	6	10	10	8
Double Chocolate OREO®	1/8 cake (113 grams)	300	150	17	11	0	35	140	36	1	29	-	4	6	2	10	8
OREO® Cookie	1/16 cake (122 grams)	330	170	19	13	0	40	135	35	1	30	-	4	8	2	15	4
Piece Cake	1/8 Cake (90g)	220	90	10	5	0	30	160	29	1	20	-	3	6	4	10	4
Soft Serve Cookie Sandwich	1 Sandwich (91 grams)	180	45	5	3	0	15	170	29	1	17	-	5	6	2	15	2

Flavors of the Month	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Bananas Foster Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	4.5	0	25	75	20	0	16	-	2	6	20	10	2
Bananas Foster Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	110	13	7	0	40	120	31	1	25	-	4	8	30	15	2
Berry Passionate Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	130	30	3.5	2	0	15	45	22	0	18	-	3	4	6	10	2
Berry Passionate Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	200	50	6	3.5	0	20	70	34	0	29	-	4	6	10	15	2
Jamoca® Heath® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	100	11	6	0	30	85	19	0	18	-	3	6	2	10	0
Jamoca® Heath® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	150	17	10	0	50	140	30	0	29	-	5	10	2	15	0
Mom's Makin' Cookies Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	80	9	6	0	30	95	24	0	18	-	2	6	0	8	2
Mom's Makin' Cookies Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	130	15	9	0	50	150	38	0	29	-	4	8	2	15	4
Peppermint Bark in the Dark - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	100	11	6	0	25	80	22	1	17	-	3	4	2	8	4
Peppermint Bark in the Dark - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	160	18	9	0	40	125	35	2	27	-	5	8	2	15	8
Reese's® Buzzer Beater Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	110	12	6	0	30	85	18	1	16	-	5	6	2	10	2
Reese's® Buzzer Beater Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	310	170	19	9	0	45	140	29	1	26	-	7	8	2	15	4
Snacknado Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	90	10	6	0	25	115	22	1	16	-	3	10	2	8	2
Snacknado Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	150	16	9	0	40	190	35	1	25	-	4	15	2	15	4
Triple Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	80	9	6	0	30	70	16	1	12	-	3	6	2	10	6
Triple Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	130	15	9	0	50	115	25	2	19	-	5	10	2	15	8

Floats, Freezes & Ice Cream Sodas	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Coke® Float (with Soft Serve) - Large	32 fl oz	570	140	15	10	0.5	60	310	100	1	97	-	14	25	6	50	2
Coke® Float (with Soft Serve) - Medium	24 fl oz	430	100	11	7	0	45	230	75	1	72	-	10	20	4	40	0
Coke® Float (with Soft Serve) - Mini	12 fl oz	170	35	4	2.5	0	15	85	31	0	31	-	3	6	2	15	0
Coke® Float (with Soft Serve) - Small	16 fl oz	290	70	8	5	0	30	150	50	1	48	-	7	10	4	25	0
Coke® Float (with Vanilla Ice Cream) - Large	32 fl oz	800	360	40	25	1.5	155	230	103	0	95	-	11	30	6	40	0
Coke® Float (with Vanilla Ice Cream) - Medium	24 fl oz	600	270	30	19	1	120	170	77	0	71	-	8	20	4	30	0
Coke® Float (with Vanilla Ice Cream) - Mini	12 fl oz	220	90	10	6	0	40	65	32	0	30	-	3	8	2	10	0
Coke® Float (with Vanilla Ice Cream) - Small	16 fl oz	400	180	20	13	0.5	80	115	52	0	47	-	5	15	2	20	0
Freeze (with Orange Sherbet) - Large	1 Serving (926 grams)	740	70	8	5	0	30	240	164	1	162	-	5	6	15	20	2
Freeze (with Orange Sherbet) - Medium	1 Serving (652 grams)	510	45	5	3.5	0	20	160	112	1	111	-	3	4	10	15	2
Freeze (with Orange Sherbet) - Small	1 Serving (463 grams)	370	35	4	2.5	0	15	120	82	0	81	-	3	4	8	10	0
Ice Cream Float (with Vanilla Ice Cream & Root Beer) - Large	32 fl oz	870	360	40	25	1.5	155	280	124	0	115	-	11	30	6	40	0
Ice Cream Float (with Vanilla Ice Cream & Root Beer) - Medium	24 fl oz	640	270	30	19	1	120	200	89	0	83	-	8	20	4	30	0
Ice Cream Float (with Vanilla Ice Cream & Root Beer) - Mini	12 fl oz	240	90	10	6	0	40	80	38	0	36	-	3	8	2	10	0
Ice Cream Float (with Vanilla Ice Cream & Root Beer) - Small	16 fl oz	430	180	20	13	0.5	80	140	62	0	58	-	5	15	2	20	0
Ice Cream Soda (with Vanilla Ice Cream) - Large	32 fl oz	1020	370	41	26	1.5	160	180	151	1	137	-	11	30	6	40	0

Floats, Freezes & Ice Cream Sodas	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Ice Cream Soda (with Vanilla Ice Cream) - Medium	24 fl oz	770	280	31	19	1	120	140	114	1	103	-	8	25	4	30	0
Ice Cream Soda (with Vanilla Ice Cream) - Mini	12 fl oz	260	100	11	7	0	40	50	39	0	35	-	3	8	2	10	0
Ice Cream Soda (with Vanilla Ice Cream) - Small	16 fl oz	510	190	21	13	0.5	80	95	76	0	69	-	6	15	4	20	0

Freeze	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Daiquiri Ice Freeze - Large	32 fl oz	590	0	0	0	0	0	25	147	1	117	-	0	0	2	2	0
Daiquiri Ice Freeze - Medium	24 fl oz	410	0	0	0	0	0	20	102	1	82	-	0	0	2	2	0
Daiquiri Ice Freeze - Mini	12 fl oz	180	0	0	0	0	0	10	45	0	35	-	0	0	0	0	0
Daiquiri Ice Freeze - Small	16 fl oz	290	0	0	0	0	0	15	73	0	59	-	0	0	2	2	0
Rainbow Sherbet Freeze - Large	32 fl oz	690	70	8	5	0	30	115	150	1	121	-	6	6	10	25	2
Rainbow Sherbet Freeze - Medium	24 fl oz	480	45	5	3.5	0	20	75	104	1	85	-	4	4	8	15	0
Rainbow Sherbet Freeze - Mini	12 fl oz	210	25	2.5	1.5	0	10	40	46	0	37	-	2	2	4	8	0
Rainbow Sherbet Freeze - Small	16 fl oz	340	35	4	2.5	0	15	55	75	1	61	-	3	4	6	10	0

Fruit Blast	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Strawberry Citrus Fruit Blast - Large	32 fl oz	500	0	0	0	0	0	20	126	2	122	-	1	2	35	6	30
Strawberry Citrus Fruit Blast - Medium	24 fl oz	350	0	0	0	0	0	10	87	1	84	-	1	2	25	4	20
Strawberry Citrus Fruit Blast - Mini	12 fl oz	170	0	0	0	0	0	5	43	1	42	-	0	0	10	2	10

Fruit Blast	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Strawberry Citrus Fruit Blast - Small	16 fl oz	250	0	0	0	0	0	10	63	1	61	-	1	0	15	4	15
Tropical Fruit Blast - Large	32 fl oz	550	5	0.5	0	0	0	25	137	5	129	-	3	30	410	6	4
Tropical Fruit Blast - Medium	24 fl oz	380	5	0.5	0	0	0	15	94	3	89	-	2	20	280	4	2
Tropical Fruit Blast - Mini	12 fl oz	190	0	0	0	0	0	10	47	2	44	-	1	10	140	2	2
Tropical Fruit Blast - Small	16 fl oz	270	5	0	0	0	0	10	68	2	65	-	1	15	200	4	2
Wild Mango Fruit Blast - Large	32 fl oz	730	20	2.5	0.5	0	0	25	178	3	174	-	2	280	25	6	6
Wild Mango Fruit Blast - Medium	24 fl oz	500	15	1.5	0	0	0	15	123	2	119	-	1	190	15	4	4
Wild Mango Fruit Blast - Mini	12 fl oz	250	5	1	0	0	0	10	61	1	60	-	1	100	8	2	2
Wild Mango Fruit Blast - Small	16 fl oz	360	10	1	0	0	0	10	89	2	87	-	1	140	15	2	2

Pre-Packed Ice Cream	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Chocolate Chip Cookie Dough Ice Cream Quart	1/2 cup (73 grams)	180	90	10	6	0	30	85	21	0	18	-	3	6	2	10	0
Chocolate Chip Ice Cream Quart	1/2 cup (73 grams)	170	90	10	6	0	35	60	18	0	17	-	3	6	2	10	2
Chocolate Ice Cream Quart	1/2 cup (73 grams)	170	80	9	6	0	30	80	21	1	19	-	4	6	2	10	6
Cotton Candy Ice Cream Quart	1/2 cup (73 grams)	160	70	8	5	0	30	65	20	0	13	-	3	6	2	10	0
Gold Medal Ribbon® Ice Cream Quart	1/2 cup (73 grams)	160	70	8	5	0	30	100	20	0	16	-	3	6	2	10	8
Jamoca® Almond Fudge Ice Cream Quart	1/2 cup (76 grams)	180	90	10	5	0	30	55	19	1	15	-	4	6	2	10	2
Mint Chocolate Chip Ice Cream Quart	1/2 cup (73 grams)	170	90	10	6	0	35	60	18	0	17	-	3	6	2	10	2
OREO® Cookies 'n Cream Ice Cream Quart	1/2 cup (73 grams)	170	90	10	6	0	30	100	19	0	15	-	3	6	2	10	2

Pre-Packed Ice Cream	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Old Fashioned Butter Pecan Ice Cream Quart	1/2 cup (73 grams)	170	110	12	6	0	35	75	14	1	13	-	3	6	2	10	0
Peanut Butter 'n Chocolate Ice Cream Quart	1/2 cup (73 grams)	210	120	13	6	0	30	110	20	1	17	-	5	6	2	10	4
Pralines 'n Cream Ice Cream Quart	1/2 cup (77 grams)	190	90	10	5	0	30	120	25	0	21	-	3	6	0	10	8
Rainbow Sherbet Quart	1/2 cup (86 grams)	100	15	1.5	1	0	5	25	22	0	21	-	1	2	2	4	0
Rocky Road Ice Cream Quart	1/2 cup (73 grams)	170	90	10	5	0	30	75	20	1	17	-	4	6	2	10	6
Vanilla Ice Cream Quart	1/2 cup (73 grams)	170	90	10	7	0	40	45	17	0	17	-	3	8	2	10	0
Very Berry Strawberry Ice Cream Quart	1/2 cup (73 grams)	140	60	7	4.5	0	25	45	18	0	17	-	2	6	10	8	2

Premium Sundae	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Chocolate Chip Cookie Dough Sundae	1 Serving (337 grams)	990	380	43	28	1	105	540	138	2	107	-	13	20	4	40	4
Jamoca® Heath® Waffle Bowl Sundae	1 Serving (420g)	1220	500	56	33	1.5	120	680	174	3	139	-	14	20	70	40	10
Made with Snickers® Sundae	1 Serving (340 grams)	1000	410	46	25	1	100	710	138	3	113	-	16	15	4	40	8
OREO® 'n Chocolate Layered Sundae	1 Serving (339 grams)	1030	430	47	28	1	85	540	146	5	111	-	14	15	130	35	35
OREO® Layered Sundae	1 Serving (347 grams)	1330	550	61	31	1	100	950	189	4	146	-	14	20	4	35	40
Peppermint Bark in the Dark Layered Sundae	1 Serving (370 grams)	1100	410	45	28	1	85	440	169	5	127	-	14	15	130	35	20
Reese's® Peanut Butter Cup Sundae	1 Serving (344 grams)	1220	720	80	32	1	100	700	109	6	92	-	27	15	4	40	15
Snacknado Layered Sundae	1 Serving (364 grams)	1090	430	47	28	1	95	730	155	3	118	-	14	35	90	40	10
Warm Brownie Sundae	1 Serving (270g)	820	390	43	21	1	140	360	101	2	83	-	11	15	70	25	8

Premium Sundaes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
York® Peppermint Pattie Layered Sundae	1 Servings (362 grams)	1120	470	52	33	1	90	450	158	6	119	-	13	15	170	35	35

Regional Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Banana Nut Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	90	10	4.5	0	25	45	13	1	10	-	3	6	2	8	2
Banana Nut Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	140	15	7	0	45	70	21	1	16	-	5	8	2	15	2
Bananas 'n Strawberry Flavored Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	60	7	4.5	0	25	50	17	0	12	-	2	6	2	8	0
Bananas 'n Strawberry Flavored Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	220	100	11	7	0	45	80	27	0	19	-	4	8	4	15	0
Black Walnut Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	100	11	5	0	30	55	13	1	10	-	4	6	2	10	2
Black Walnut Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	160	18	8	0	50	85	20	1	15	-	6	10	2	15	2
Chocolate Almond Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	100	11	5	0	30	70	16	2	11	-	4	6	2	10	6
Chocolate Almond Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	160	18	8	0	45	110	25	3	18	-	7	8	2	20	10
Creole Cream Cheese Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	70	8	5	0	30	55	15	0	12	-	3	6	2	10	0
Creole Cream Cheese Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	230	110	13	8	0	50	90	24	0	18	-	5	10	2	20	0
Lemon Custard Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	5	0	45	65	16	0	13	-	3	6	2	10	0
Lemon Custard Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	120	13	8	0	75	100	26	0	21	-	5	10	2	15	0
Mississippi Mudd Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	9	6	0	30	90	20	1	13	-	3	6	0	8	8

Regional Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Mississippi Mudd Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	14	9	0	45	140	31	2	21	-	4	8	2	10	10
Oregon Blackberry Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	5	0	30	55	16	0	14	-	3	6	2	10	0
Oregon Blackberry Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	110	12	8	0	50	85	25	1	23	-	4	10	2	15	0
Rum Raisin Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	60	7	4.5	0	30	60	18	0	16	-	3	6	2	8	0
Rum Raisin Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	100	11	7	0	45	95	29	1	25	-	4	8	2	15	0
Strawberry Shortcake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	30	100	22	0	18	-	3	6	2	8	0
Strawberry Shortcake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	130	14	9	0	45	160	34	0	28	-	4	8	4	15	2

Seasonal Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
3-Point Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	80	9	6	0	25	125	23	1	17	-	3	6	2	10	6
3-Point Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	130	14	9	0	40	200	36	2	27	-	5	8	2	15	8
Baseball Nut® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	4.5	0	25	70	18	0	13	-	3	6	6	8	2
Baseball Nut® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	14	8	0	45	115	29	1	20	-	5	8	8	15	2
Caramel Praline Cheesecake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	4.5	0	25	105	21	0	16	-	3	6	2	10	6
Caramel Praline Cheesecake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	120	14	7	0	45	170	33	1	25	-	4	8	2	15	10
Chocolate Fudge Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	90	9	6	0	30	85	17	1	12	-	3	6	0	8	8
Chocolate Fudge Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	140	15	9	0	50	135	27	2	19	-	5	10	2	10	10

Seasonal Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Chocolate Mousse Royale® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	100	11	8	0	25	60	18	1	13	-	3	4	2	8	6
Chocolate Mousse Royale® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	290	160	17	12	0	40	95	29	2	20	-	5	8	2	15	10
Easter Egg Hunt Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	90	10	7	0	30	60	21	0	17	-	2	6	2	8	0
Easter Egg Hunt Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	290	150	16	11	0	45	100	33	0	27	-	4	10	2	15	0
Heath® Bar Crunch Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	90	10	6	0	30	105	21	0	17	-	3	6	2	10	6
Heath® Bar Crunch Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	290	140	15	9	0	45	170	34	0	27	-	4	8	2	15	10
Icing on the Cake® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	200	100	11	6	0	25	60	23	0	18	-	3	4	2	8	0
Icing on the Cake® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	320	160	18	10	0	40	100	36	0	28	-	4	8	2	15	0
Orange Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	80	10	1.5	1	0	5	15	17	0	13	-	1	2	2	4	0
Orange Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	130	20	2	1.5	0	10	25	27	0	20	-	1	2	4	6	0
Peanut Butter Banana Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	110	12	5	0	25	90	15	1	11	-	4	6	15	10	2
Peanut Butter Banana Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	290	170	19	9	0	45	140	24	1	18	-	7	8	25	15	2
Red Velvet Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	9	5	0	35	60	18	0	15	-	3	6	2	10	0
Red Velvet Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	120	14	8	0	55	100	28	0	24	-	4	10	2	15	0
Rock 'n Pop Swirl Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	100	25	2.5	2	0	5	20	19	0	14	-	1	0	0	4	0
Rock 'n Pop Swirl Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	160	35	4	3	0	10	30	29	0	23	-	2	2	2	6	0
Strawberry Cheesecake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	5	0	35	75	18	0	13	-	3	6	2	8	0
Strawberry Cheesecake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	120	13	8	0	55	120	29	0	21	-	4	10	4	15	0

Seasonal Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Tax Crunch® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	200	110	13	7	0	25	75	18	1	16	-	3	6	2	10	6
Tax Crunch® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	310	180	20	11	0	45	120	29	1	26	-	5	8	2	15	10
Triple Vanilla - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	100	11	7	0	55	35	13	0	13	-	2	8	0	8	0
Triple Vanilla - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	160	18	11	0.5	90	55	21	0	20	-	4	15	2	10	0

Shakes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Chocolate Chip Cookie Dough Shake - Large	32 fl oz	1600	650	72	46	2	240	740	209	2	181	-	30	50	10	100	6
Chocolate Chip Cookie Dough Shake - Medium	24 fl oz	980	380	42	27	1	140	450	131	1	114	-	19	30	6	70	2
Chocolate Chip Cookie Dough Shake - Mini	12 fl oz	570	240	27	17	1	90	280	72	1	62	-	11	20	4	40	2
Chocolate Chip Cookie Dough Shake - Small	16 fl oz	710	280	31	20	1	105	330	94	1	82	-	14	20	4	45	2
Chocolate Chip Shake - Large	32 fl oz	1450	670	74	47	2.5	260	540	172	4	160	-	32	60	10	110	15
Chocolate Chip Shake - Medium	24 fl oz	890	390	44	28	1.5	150	330	110	2	103	-	20	35	6	70	8
Chocolate Chip Shake - Mini	12 fl oz	520	250	28	18	1	95	200	58	1	54	-	12	20	4	40	6
Chocolate Chip Shake - Small	16 fl oz	650	290	32	20	1	115	240	78	2	73	-	14	25	4	50	6
Chocolate Shake (with Chocolate Ice Cream) - Large	32 fl oz	1530	620	68	43	2	240	710	209	10	159	-	35	50	10	110	40
Chocolate Shake (with Chocolate Ice Cream) - Medium	24 fl oz	930	360	40	25	1.5	140	440	129	6	97	-	22	35	6	70	25

Shakes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Chocolate Shake (with Chocolate Ice Cream) - Small	16 fl oz	690	270	30	19	1	105	320	96	4	72	-	16	25	4	50	15
Chocolate Shake (with Chocolate ice cream) - Mini	12 fl oz	560	230	26	16	1	90	270	75	4	58	-	13	20	4	40	15
Gold Medal Ribbon® Shake - Large	32 fl oz	1410	590	65	41	2.5	250	690	180	3	163	-	32	50	10	110	30
Gold Medal Ribbon® Shake - Medium	24 fl oz	870	350	38	24	1.5	145	420	114	2	104	-	20	35	6	70	20
Gold Medal Ribbon® Shake - Mini	12 fl oz	500	220	24	15	1	95	260	61	1	55	-	12	20	4	40	10
Gold Medal Ribbon® Shake - Small	16 fl oz	630	260	28	18	1	110	310	82	1	74	-	14	25	4	50	15
Mint Chocolate Chip Milkshake - Large	32 fl oz	1440	670	75	47	2.5	260	510	166	4	141	-	32	60	10	110	25
Mint Chocolate Chip Milkshake - Medium	24 fl oz	880	390	44	28	1.5	155	320	106	2	92	-	20	35	6	70	15
Mint Chocolate Chip Milkshake - Mini	12 fl oz	510	250	28	18	1	95	190	56	2	47	-	12	20	4	40	10
Mint Chocolate Chip Milkshake - Small	16 fl oz	640	290	32	21	1	115	230	76	2	65	-	14	25	4	50	10
Oreo® Cookies 'n Cream Milkshake - Large	32 fl oz	1500	650	72	41	2.5	240	720	185	2	148	-	31	50	10	110	15
Oreo® Cookies 'n Cream Milkshake - Medium	24 fl oz	920	380	42	24	1.5	140	440	117	1	96	-	19	30	6	70	8
Oreo® Cookies 'n Cream Milkshake - Mini	12 fl oz	540	240	27	15	1	90	270	63	1	50	-	12	20	4	40	6
Oreo® Cookies 'n Cream Milkshake - Small	16 fl oz	670	280	31	18	1	105	320	84	1	68	-	14	25	4	50	6
Strawberry Shake (with Very Berry Strawberry Ice Cream) - Large	32 fl oz	1260	470	52	33	2	210	460	171	2	166	-	27	45	70	100	8
Strawberry Shake (with Very Berry Strawberry Ice Cream) - Medium	24 fl oz	780	280	31	20	1	125	290	109	1	106	-	17	30	40	60	4

Shakes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Strawberry Shake (with Very Berry Strawberry Ice Cream) - Small	16 fl oz	570	210	23	14	1	90	210	78	1	75	-	12	20	30	45	4
Strawberry Shake (with Very Berry Strawberry ice cream) - Mini	12 fl oz	450	180	20	12	0.5	80	180	58	1	56	-	10	20	25	35	2
Triple Chocolate Milkshake - Large	32 fl oz	1420	640	71	44	2.5	250	650	175	7	143	-	33	50	10	110	40
Triple Chocolate Milkshake - Medium	24 fl oz	880	370	42	26	1.5	150	400	112	4	93	-	21	35	6	70	20
Triple Chocolate Milkshake - Mini	12 fl oz	510	240	26	17	1	95	250	60	3	48	-	13	20	4	40	15
Triple Chocolate Milkshake - Small	16 fl oz	630	280	31	19	1	110	290	80	3	66	-	15	25	4	50	15
Triple Chocolate and Triple Vanilla Mixed Milkshake - Large	32 fl oz	1460	710	79	49	2.5	345	490	163	4	137	-	29	60	10	100	20
Triple Chocolate and Triple Vanilla Mixed Milkshake - Medium	24 fl oz	900	410	46	29	1.5	195	320	105	3	90	-	19	40	6	60	10
Triple Chocolate and Triple Vanilla Mixed Milkshake - Mini	12 fl oz	530	270	30	19	1	130	180	55	1	46	-	11	25	4	35	6
Triple Chocolate and Triple Vanilla Mixed Milkshake - Small	16 fl oz	660	320	35	22	1	155	210	74	1	63	-	13	30	4	45	6
Vanilla Shake - Large	32 fl oz	1440	680	76	48	2.5	300	460	160	1	154	-	29	60	10	110	2
Vanilla Shake - Medium	24 fl oz	880	400	45	28	1.5	175	290	103	0	99	-	19	40	6	70	2
Vanilla Shake - Mini	12 fl oz	510	260	28	18	1	110	180	54	0	52	-	11	25	4	40	0
Vanilla Shake - Small	16 fl oz	640	300	33	21	1	130	210	73	0	70	-	13	30	4	50	0

Smoothies	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Mango Banana Smoothie - Large	32 fl oz	880	25	3	0.5	0	0	150	211	6	192	-	10	250	40	30	4
Mango Banana Smoothie - Medium	24 fl oz	630	20	2	0	0	0	120	150	5	134	-	8	160	35	25	4
Mango Banana Smoothie - Mini	12 fl oz	320	10	1	0	0	0	50	76	3	68	-	4	80	15	10	2
Mango Banana Smoothie - Small	16 fl oz	440	15	1.5	0	0	0	75	105	3	96	-	5	120	20	15	2
Mango Yumberry Greek Frozen Yogurt Smoothie - Large	32 fl oz	1140	270	30	19	1	130	410	179	2	160	-	36	60	70	120	6
Mango Yumberry Greek Frozen Yogurt Smoothie - Medium	24 fl oz	690	160	18	11	0.5	80	260	109	1	98	-	23	45	40	80	4
Mango Yumberry Greek Frozen Yogurt Smoothie - Mini	12 fl oz	420	100	11	7	0	50	160	64	1	57	-	14	20	25	45	2
Mango Yumberry Greek Frozen Yogurt Smoothie - Small	16 fl oz	500	120	13	8	0	60	190	79	1	71	-	16	30	30	60	4
Strawberry Banana Smoothie - Large	32 fl oz	710	10	1	0.5	0	5	140	172	5	154	-	10	2	50	30	30
Strawberry Banana Smoothie - Medium	24 fl oz	520	10	1	0	0	5	115	126	5	109	-	8	2	40	25	20
Strawberry Banana Smoothie - Mini	12 fl oz	250	0	0	0	0	0	50	61	2	53	-	4	2	20	10	10
Strawberry Banana Smoothie - Small	16 fl oz	360	5	0.5	0	0	0	70	86	3	77	-	5	2	25	15	15
Strawberry Yumberry Greek Frozen Yogurt Smoothie - Large	32 fl oz	1110	270	29	19	1	130	410	173	2	154	-	36	30	70	120	10
Strawberry Yumberry Greek Frozen Yogurt Smoothie - Medium	24 fl oz	670	160	18	11	0.5	80	260	104	1	93	-	23	20	40	80	6

Smoothies	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Strawberry Yumberry Greek Frozen Yogurt Smoothie - Mini	12 fl oz	410	100	11	7	0	50	160	63	1	56	-	14	10	25	45	4
Strawberry Yumberry Greek Frozen Yogurt Smoothie - Small	16 fl oz	490	120	13	8	0	60	180	76	1	68	-	16	15	30	60	4
Super Yumberry Greek Yogurt Smoothie - Large	32 fl oz	1080	280	31	19	1	135	440	160	2	141	-	38	30	70	130	6
Super Yumberry Greek Yogurt Smoothie - Medium	24 fl oz	650	170	19	12	0.5	85	280	95	1	84	-	24	20	40	80	4
Super Yumberry Greek Yogurt Smoothie - Mini	12 fl oz	400	100	11	7	0	50	160	59	1	53	-	14	10	25	50	2
Super Yumberry Greek Yogurt Smoothie - Small	16 fl oz	470	120	14	9	0	60	200	70	1	62	-	17	15	30	60	2
Tropical Banana Smoothie - Large	32 fl oz	790	15	1.5	0.5	0	5	150	190	8	168	-	11	30	400	30	6
Tropical Banana Smoothie - Medium	24 fl oz	550	10	1.5	0.5	0	5	120	132	6	113	-	8	20	250	25	4
Tropical Banana Smoothie - Mini	12 fl oz	270	5	0.5	0	0	0	50	64	3	55	-	4	10	120	10	2
Tropical Banana Smoothie - Small	16 fl oz	380	5	1	0	0	0	75	91	4	80	-	5	15	190	15	2
Tropical Yumberry Greek Frozen Yogurt Smoothie - Large	32 fl oz	1110	270	30	19	1	130	410	173	2	154	-	37	35	110	120	6
Tropical Yumberry Greek Frozen Yogurt Smoothie - Medium	24 fl oz	670	160	18	11	0.5	80	260	104	1	93	-	23	20	70	80	4
Tropical Yumberry Greek Frozen Yogurt Smoothie - Mini	12 fl oz	410	100	11	7	0	50	160	63	1	56	-	14	10	35	45	2
Tropical Yumberry Greek Frozen Yogurt Smoothie - Small	16 fl oz	490	120	13	8	0	60	190	76	1	68	-	16	15	50	60	2

Soft Serve Parfaits	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
OREO® Soft Serve Parfait - Mini	8 oz	390	130	14	10	0	35	230	60	2	51	-	9	15	70	30	6
OREO® Soft Serve Parfait - Regular	15 oz	740	250	27	20	0.5	55	460	114	3	93	-	16	20	130	50	15
Reese's® Soft Serve Parfait - Mini	8 oz	500	280	31	10	0	35	310	45	3	39	-	15	15	4	30	4
Reese's® Soft Serve Parfait - Regular	15 oz	990	570	63	19	0	55	630	86	6	73	-	29	20	6	50	10
Soft Serve Parfait made with M&M's® - Mini	8 oz	400	130	15	11	0	35	200	61	2	53	-	9	15	70	30	4
Soft Serve Parfait made with M&M's® - Regular	15 oz	820	280	31	23	0.5	60	370	124	3	108	-	17	25	130	60	10
Soft Serve Parfait made with Snickers® - Mini	8 oz	390	100	12	7	0	35	290	63	1	55	-	9	15	4	30	2
Soft Serve Parfait made with Snickers® - Regular	15 oz	780	220	25	14	0.5	65	570	127	2	108	-	17	25	6	50	2
Strawberry 'n Almonds Soft Serve Parfait - Mini	8 oz	300	100	11	6	0	35	140	43	2	40	-	9	15	25	30	4
Strawberry 'n Almonds Soft Serve Parfait - Regular	15 oz	600	240	27	10	0	55	240	76	4	70	-	18	25	50	50	10

Allergy sufferers should always read the product ingredient statement and allergen information available at www.Baskinrobbins.com. Please note that our restaurants prepare and serve products that contain allergens other than the products you select.

Baskin Robbins has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the FDA guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. The information on these printed materials may vary from that which may be available in our restaurants. We will update www.Baskinrobbins.com frequently, so please revisit this site for the most current information. Any customers with further questions regarding specific dietary concerns are advised to visit www.Baskinrobbins.com or call our customer care line at 800-859-5339.