

	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Sodium (mg)	Total Carbs (g)	Sugar (g)	Protein (g)
Organic Hot Blends								
Classic Hot Chocolate with Soymilk	240	80	9g	2g	60mg	30g	22g	15g
Classic Hot Chocolate with 2% Milk	240	50	6g	3g	170mg	39g	33g	13g
Classic Hot Chocolate with Nonfat Milk	220	15	1.5g	1g	210mg	42g	36g	15g
Heavenly Green Tea Latte with Soymilk	160	45	5g	1g	40mg	20g	17g	9g
Heavenly Green Tea Latte with 2% Milk	160	30	3g	2g	115mg	26g	25g	8g
Heavenly Green Tea Latte with Nonfat Milk	150	0	0g	0g	140mg	28g	27g	9g
Perfectly Chocolate Chai Tea Latte with Soymilk	180	50	6g	1.5g	65mg	26g	20g	10g
Perfectly Chocolate Chai Tea Latte with 2% Milk	190	35	4g	2.5g	140mg	32g	27g	9g
Perfectly Chocolate Chai Latte with Nonfat Milk	170	10	1g	0g	170mg	34g	29g	10g
Original Spiced Chai Tea Latte with Soymilk	160	45	5g	1g	65mg	19g	16g	9g
Original Spiced Chai Tea Latte with 2% Milk	160	30	3g	2g	140mg	25g	23g	8g
Original Spiced Chai Tea Latte with Nonfat Milk	150	0	0g	0g	170mg	27g	25g	9g
Mighty Leaf Tea								
Organic Detox Infusion	Please Visit your Local Jamba Juice Store for Nutritional Information							
Organic African Nectar	Please Visit your Local Jamba Juice Store for Nutritional Information							
Organic Spring Jasmine	Please Visit your Local Jamba Juice Store for Nutritional Information							
Organic Green Dragon	Please Visit your Local Jamba Juice Store for Nutritional Information							
Organic Earl Grey	Please Visit your Local Jamba Juice Store for Nutritional Information							
Organic Breakfast	Please Visit your Local Jamba Juice Store for Nutritional Information							
Grab-n-Go-Food								
Mediterranean Medley Pasta Salad	Please Visit your Local Jamba Juice Store for Nutritional Information							
Snappy Sesame Noodle Salad	Please Visit your Local Jamba Juice Store for Nutritional Information							
Ginger Soy Grilled Chicken Salad	Please Visit your Local Jamba Juice Store for Nutritional Information							
Zesty Southwest Grilled Chicken Salad	Please Visit your Local Jamba Juice Store for Nutritional Information							
Gobble'licious	Please Visit your Local Jamba Juice Store for Nutritional Information							
Greens and Grain Wrap	Please Visit your Local Jamba Juice Store for Nutritional Information							
Greek Goodness Wrap	Please Visit your Local Jamba Juice Store for Nutritional Information							
Chimichurri Chicken Wrap	Please Visit your Local Jamba Juice Store for Nutritional Information							
Asian Style Chicken Wrap	Please Visit your Local Jamba Juice Store for Nutritional Information							
California Flatbreads								
Smokehouse Chicken	390	90	10g	4g	690mg	53g	5g	19g
MediterraneYUM	320	70	8g	3.5g	770mg	49g	5g	13g
Four Cheesy	420	140	16g	8g	910mg	46g	4g	21g
Iced Fruit Tea Infusions								
Prickly Pear Tea Infusion	150	0	0g	0g	20mg	38g	33g	1g
Pomegranate Tea Infusion	160	0	0g	0g	20mg	40g	36g	1g
Passion Fruit Tea Infusion	150	0	0g	0g	20mg	37g	32g	1g
Ideal Meals								
Yumberry Topper	370	45	5g	0.5g	85mg	77g	50g	9g
Acai Topper	440	90	10g	1.5g	40mg	84g	48g	9g
Mango Peach Topper	340	45	5g	1g	80mg	69g	47g	9g
Berry Topper	330	45	5g	1g	80mg	65g	45g	9g
Chunky Strawberry Topper	520	150	17g	2.5g	160mg	82g	46g	14g
Hot Oatmeal								
Plain Oatmeal with Brown Sugar	220	35	3.5g	1g	20mg	44g	12g	8g
Fresh Banana Oatmeal	280	35	4g	1g	20mg	57g	19g	9g
Blueberry and Blackberry Oatmeal	290	35	3.5g	1g	30mg	58g	24g	8g
Apple Cinnamon Oatmeal	290	35	4g	1g	25mg	60g	25g	8g
Fresh Squeezed Juices								
Carrot Juice	100	0	0.5g	0g	170mg	22g	20g	3g
Orange Juice	170	5	0.5g	0g	0mg	39g	31g	3g
All Fruit								
Berry Yumberry	230	5	0.5g	0g	15mg	56g	42g	2g
Five Fruit Frenzy	240	5	0.5g	0g	25mg	58g	44g	2g
Mega Mango	230	5	0.5g	0g	10mg	57g	50g	2g
Strawberry Whirl	220	0	0g	0g	20mg	54g	46g	1g
Peach Perfection	210	0	0g	0g	20mg	53g	42g	1g
Pomegranate Paradise	240	5	0.5g	0g	25mg	60g	53g	1g
Jamba Light								
Berry Fulfilling	150	5	0.5g	0g	200mg	32g	24g	6g
Mango Mantra	150	5	0.5g	0g	230mg	33g	29g	7g
Strawberry Nirvana	150	0	0g	0g	200mg	31g	27g	5g
Blended with a Purpose								
Strawberry Energizer	280	10	1g	0g	20mg	67g	58g	2g
Protein Berry Workout w/Whey	280	0	0g	0g	115mg	52g	42g	17g
Acai Berry Workout	260	35	4g	1g	45mg	53g	45g	4g
Protein Berry Workout w/Soymilk	270	5	1g	0g	170mg	51g	42g	15g
Coldbuster	250	15	1.5g	0.5g	20mg	59g	51g	3g
Shots								
Matcha Energy Shot- Soymilk	70	0	0g	0g	45mg	14g	12g	3g
Matcha Energy Shot- Orange Juice	60	0	0g	0g	0mg	13g	10g	1g
Wheatgrass Detox Shot	5	0	0g	0g	0mg	1g	1g	1g
Jamba Classics								
Super Yumberry	240	0	0g	0g	20mg	60g	48g	1g
Pomegranate Pick-Me-Up	260	10	1g	0g	35mg	61g	53g	2g
Aloha Pineapple	290	10	1g	0g	50mg	67g	63g	5g
Caribbean Passion	250	10	1g	0g	35mg	57g	51g	2g
Mango-a-go-go	290	10	1g	0g	35mg	69g	62g	2g
Peach Pleasure	270	10	1g	0.5g	35mg	64g	53g	2g
Banana Berry	270	10	1g	0g	60mg	64g	57g	3g
Razzmatazz	270	10	1g	0.5g	40mg	63g	51g	2g
Strawberry Surf Rider	300	10	1g	0g	5mg	72g	64g	2g
Strawberries Wild	250	0	0g	0g	95mg	60g	52g	3g
Creamy Treats								
Mocha Mojo	680	15	1.5g	1g	220mg	73g	62g	9g
Coffee Craze	300	0	0g	0g	210mg	65g	55g	9g
Chill-icious Chai	310	0	0g	0g	240mg	65g	58g	10g
Orange Dream Machine	350	15	1.5g	1g	150mg	75g	68g	8g
Peanut Butter Moo'd	470	90	10g	2.5g	310mg	82g	71g	13g
Chocolate Moo'd	430	35	4g	2g	270mg	86g	77g	11g
Matcha Green Tea Blast	290	0	0g	0g	160mg	62g	55g	8g
Boosts								
Probiotic Boost	5%	N/A	0g	1g	N/A	N/A	N/A	N/A
3G Charger Super Boost	5	N/A	0g	N/A	N/A	2g	N/A	N/A
Flax & Fiber Boost	30	N/A	1.5g	N/A	N/A	7g	N/A	N/A
Calcium Boost	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Daily Vitamin Boost	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Whey Protein Super Boost	45		0g	1g	20mg	1g		10g
Antioxidant Power Super Boost	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Soy Protein Boost	30	N/A	N/A	N/A	N/A	N/A	N/A	8g
Energy Boost	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Immunity Boost	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Baked Goods								
Orange Dark Chocolate Chip Scone	380	140	15g	3g	65mg	57g	27g	6g
Tart Cherry Scone	360	110	12g	1g	60mg	58g	23g	6g
Cheddar Tomato Twist	240	40	4.5g	1.5g	430mg	38g	3g	8g
Omega-3 Chocolate Brownie Cookie	150	30	3.5g	1g	15mg	30g	24g	3g
Omega-3 Oatmeal Cookie	150	50	6g	1.5g	85mg	26g	15g	2g
Zucchini Walnut Loaf	270	80	9g	1.5g	250mg	43g	26g	5g
Reduced-Fat Blueberry Lemon Loaf	290	70	8g	2g	220mg	53g	30g	2g
Sourdough Parmesan Pretzel	410	90	10g	2g	640mg	67g	4g	14g
Apple Cinnamon Pretzel	380	35	4g	0g	250mg	76g	14g	11g