

ALLERGEN INFORMATION













If you have a food allergy, we recommend that you refrain from eating our products.

Although we take precautions, it is impossible to guarantee that our products have not come into contact with peanuts, nuts, or other allergens.

Your welfare is our first concern.

We encourage anyone with food sensitivities, allergies, or special dietary needs to check with Tim Hortons Guest Services to obtain the most up-to-date information.

Please contact us through our toll free guest service number at **1-888-601-1616**, if you require more information or any clarification.

Please visit www.timhortons.com for updated information.

Animal Fals & By-products

**Sierist indicates foney present Guiamates (Auto)/2001 Peast Penus 4 Penus Product
Derivatives Tree Nut
Milk 4 Milk Products
Figs 4 Egg Sources Symbol indicates product contains the allergen **BEVERAGES HOT** Coffee **Decaffienated Coffee** Espresso Shot Americano Cappuccino Latte Pumpkin Pie Latte Sugar Cookie Latte Flavoured Latte Supreme Tea Latte Mocha Latte Hot Chocolate Candy Cane Hot Chocolate Caramel Hot Chocolate Sugar Cookie White Hot Chocolate French Vanilla Cappuccino English Toffee Cappuccino Café Mocha Apple Cider Caramel Apple Cider Supreme Steeped Tea made with Whole Leaf Specialty Teas COLD Iced Capp™ (with milk or cream) Iced Capp™ with chocolate milk Iced Capp™ Supreme Mocha Iced Capp™ Candy Cane Iced Capp™ Caramel Iced Capp™ Iced Coffee Iced Mocha Iced Latte Iced Mocha Latte Flavoured Iced Latte Supreme Strawberry Banana Smoothie with Greek yogurt Strawberry Banana Smoothie without yogurt Pineapple Orange Smoothie with Greek yogurt Pineapple Orange Smoothie without yogurt Frozen Lemonade (Original)

Frozen Lemonade (Strawberry Flavour)

Frozen Hot Chocolate
Frozen Strawberries & Cream
Frozen Vanilla & Cream
Frozen Sugar Cookie & Cream

Symbol indicates product contains the allergen	Peanus & P.	Tree Mus & Tree Mus	Fys & Ear	Soy Soffices	Wheel & Glut	Fish (Crustage)	Sulphies (Animal Fats & By-Prough	& Plantes (411)
Real Brewed Iced Tea									
BAKED GOODS									
CLASSIC BAGELS									
12 Grain					•			*	
Blueberry				•	•				
Cinnamon Raisin				•	•		•		
Everything				•	•				
Plain				•	•				
Pretzel				•	•				
SPECIALTY BAGELS									
Maple Cinnamon French Toast			•	•	•				
Sundried Tomato Asiago Parm				•	•				
Jalapeno Asiago Mozzarella				•	•				
BAGEL TOPPINGS									
Plain Cream Cheese Spread									
Light Plain Cream Cheese Spread									
Strawberry Cream Cheese Spread									
Garden Vegetable Cream Cheese Spread							•		
Butter			•						
Margarine				•					
CINNAMON ROLLS									
Glazed				•	•				
Frosted				•	•		•		
CLASSIC COOKIES									
Chocolate Chunk			•	•	•				
Oatmeal Raisin Spice			•	•	•				
Peanut Butter	•		•	•	•				
White Chocolate Macadamia Nut		•	•	•	•				
Smile Cookie			•	•	•				
FILLED COOKIES									
Double Chocolate with Peanut Butter Filling	•		•	•	•				
Lemon Shortbread with Raspberry Filling			•		•				
Red Velvet with Cream Cheese Filling			•	•	•				
Shortbread Cookie filled with Nutella®				•					
Sugar Cookie filled with Frosting				•	•				
CROISSANTS									
Plain				•	•				
Cheese				•	•				
DANISHES & PASTRIES									
Cherry Cheese			•	•	•		•		
Maple Pecan		•	•	•	•		•		
Pastry Pocket filled with Nutella®				•	•				
STRUDEL									

Symbol indicates product contains the allergen	anuls & p.	Tree Muts & T.	MIIK & MIIK P.	Eggs & Eggs.	Seounces	Wheat & Glut	Fish (Crustage)	Sulphiles ,	Animal Fals & By.P.	Itamate Tod
Apple Strudel		12 Q	<i>'</i>	495	S	N.	i ^S 2	S _Y	£,*43	ૐ જે
Strawberry Cheese Strudel			•			•				
IUFFINS										
Chocolate Caramel										
Chocolate Chip								_		
Cran Apple Walnut Bran										
Cranberry White Chocolate										
Fruit Explosion										
Lemon Blueberry Greek Yogurt										
Whole Grain Carrot Orange										
Whole Grain Pecan Banana Bread		•								
^{Wild Blueberry} DONUTS ([‡] indicates a Til			•	•	•	•				
Banana Split			•		•	•		•		
Banana Cream [‡]			•		•	•		•		
Blueberry Bloom			•		•	•				
Boston Cream			•		•	•		•		
Canadian Maple			•		•	•		•		
Chocolate [‡]			•		•	•		•		
Coconut Cream		•	•		•	•		•		
Crunchy Caramel			•		•	•		•		
Deluxe Cherry			•		•	•		•		
Double Strawberry			•		•	•		•		
Double Strawberry Bloom			•		•	•		•		
Maple Swirl			•		•	•		•		
Strawberry Banana Coconut		•	•		•	•		•		
Strawberry Bloom			•		•	•		•		
Strawberry Vanilla			•		•	•		•		
Strawberry Coconut		•	•		•	•		•		
Strawberry Coconut Cream		•	•		•	•		•		
Strawberry Cream			•		•	•				
Strawberry Donut Supreme			•		•	•		•		
Strawberry Swirl			•		•	•		•		
Long John			•		•	•		•		
Venetian Cream [‡]			•		•	•		•		
Fruit Jelly Filled [‡] (Blueberry, Cherry, Lemon, Raspberry, Spiced			•		•	•		•		
Apple, Strawberry)			•	•	•	•		•		
Paczki (in USA for one week each year around Fat Tuesday)				1				•		
Paczki (in USA for one week each year around Fat Tuesday) Triple Chocolate			•		_					
Paczki (in USA for one week each year around Fat Tuesday) Triple Chocolate Buckeye Bloom (OSU only)	•		•		•	•				
Paczki (in USA for one week each year around Fat Tuesday) Triple Chocolate Buckeye Bloom (OSU only) Chocolate Caramel	•		•		•	•		•		
	•	•	•	•	•	•		•		

Symbol indicates product contains the allergen	Sanuts & D.	Tree Muls & T.	Milk & Milk P.	E998 & E90 &	Som Some	Wheat & Glus	Fish (Crusta)	Sulphies !	Animal Fals & C.	Gluamates Among present
Chocolate Dip	\Box									
Honey Dip [‡]			•		•	•				
Maple Dip			•		•	•		•		
Strawberry Dip			•		•	•		•		
Strawberry Sprinkle			•		•	•		•		
Sugar Loop			•		•	•				
Vanilla Dip with Chocolate Shot			•		•	•		•		
Vanilla Dip with Coloured Sprinkles (Santa's Favorite Vanilla Dip)			•		•	•		•		
Vanilla Dip with Chocolate Shot & Coloured Sprinkles			•		•	•		•		
DONUTS /TIMBITS: YEAST - OTH	IFP									
Apple Fritter [‡]										
Caramel Apple Fritter									*	
Apple Pie Fritter									•	
Apple Dumpling			•							
Apple Banana Dumpling			•		•			•		
Venetian Apple			•		•			•		
Game Day [‡]			•		•	•		•		
Football			•		•	•				
DONUTS/TIMBITS: CHOCOLATE	CAKE									
Chocolate Glazed [‡]			•	•	•	•				
Double Chocolate			•	•	•	•				
Chocolate Peanut Crunch [‡]	•		•	•	•	•				
Chocolate Toasted Coconut [‡]		•	•	•	•	•		•		
Chocolate White Coconut [‡]		•	•	•	•	•		•		
Chocolate Mint			•	•	•	•		•		
Double Chocolate			•	•	•	•				
Chocolate Snow			•	•	•	•		•		
Strawberry Double Chocolate			•	•	•	•				
Candy Cane Donut		•	•	•	•	•				
DONUTS/TIMBITS: WHITE CAKE										
Old Fashioned Plain [‡]			•	•	•	•				
Old Fashioned Dip			•	•	•	•		•		
Old Fashioned Glazed [‡]			•	•	•	•				
Old Fashioned Snow			•							
Old Fashioned Sugar [‡]			•	•	•					
Old Fashioned Strawberry Dip			•	•	•					
Cinnamon Sugar [‡]			•	•		•				
White Coconut [‡]		•						•		
Toasted Coconut [‡]			•			•				
Peanut Crunch [‡]										
Snowball			•	•		•		•		
Birthday Cake				•	•			•		
DONUTS/TIMBITS: SOUR CREAT	M									
	VI									
Sour Cream Plain [‡]										
Sour Cream Sugar [‡]										

Symbol indicates product contains the allergen	Peanus & P.	Tree Muts & Tr.	Mill & Mill P.	Eggs & Eggs	Som Nos	Wheat & Glut	Fish Crustaco	Sulphies 1	Animal Fals R.	Glutamates honey of
Sour Cream Glazed [‡]			•	•	•	•				
Sour Cream Cinnamon [‡]			•	•	•	•				
DONUTS/TIMBITS: OTHER										
Honey Cruller [‡]			•	•	•	•				
Salted Caramel Timbit			•	•	•	•				
Cinnamon French Toast Timbit			•	•	•	•				
Pumpkin Spice Donut			•	•	•	•				
Gingerbread Glazed Donut			•	•	•	•		•		
BREAKFAST ITEMS ²										
Hash Brown										
Oatmeal - Plain						•				
Oatmeal - Maple Brown Sugar						•				
Oatmeal - Mixed Berry						•				
Oatmeal - Apple Cinnamon			•		•	•		•		
BREAKFAST SANDWICHES										
Breakfast Sandwich			•	•	•	•		•	•	•
Bagel BELT® - Plain Bagel			•							
Sausage Bagel BELT® - Plain Bagel										
Grilled Steak & Egg Breakfast Sandwich			•	•	•	•			•	•
Turkey Sausage Breakfast Sandwich			•	•	•	•			•	
FLATBREAD BREAKFAST PANI	NI									
Maple Flatbread Breakfast Panini			•		•	•		•	•	
GRILLED BREAKFAST WRAPS			_							
Farmer's Breakfast										
Steak & Cheddar										
BREAKFAST COMPONENTS										
Seasoned Egg Omelet										
Seasoned Egg White Omelet Bacon			•	•						
Sausage										•
Turkey Sausage										
Seasoned Sliced Steak										•
Processed Mozzarella Cheese										
American Cheese										
Cheddar Cheese										
Swiss Cheese			•							
Homestyle Biscuit					•	•				
English Muffin										
White Tortilla					•	•		•	•	
Maple Flatbread (for Breakfast Panini)					•	•				
Pepper & Onion Blend										
LUNCH ITEMS ²										
SANDWICHES										

Symbol indicates product contains the allergen	Peanus & Peas	Tree Nuise & Tr.	Milk & Milk P.	Eggs & Egg.	Seo Mos Aos	Wheel & Gli	Sea Nones	Sulphies ,	Animal Fals	Clushes of the proposition of th
Ham & Swiss Sandwich			•	•	•					
Italiano Grilled Bagel Sandwich			•		•	•			•	
Turkey Bacon Club Sandwich			•	•	•	•			•	
GRILLED PANINI										
Angus Steak & Cheese Panini			•	•	•	•			•	
Grilled Cheese Panini			•		•	•			•	
Tuscan Chicken Panini			•	•	•	•		•	•	•
GRILLED WRAPS										
Chicken Fajita				•						
Steak Fajita										
OTHER										
Kettle Cooked Potato Chips										
					U	Ų			J	
SOUPS & HOT BOWLS			_							
Chili			•						•	
Broccoli Cheddar			•							
Cauliflower & Cheese Chicken Noodle										
Clam Chowder				•				•		
Creamy Field Mushroom		•					•	•		
Creamy Sundried Tomato										
French Onion Soup (with Cheese and Croutons)						•				
French Onion Soup (Broth only)										
Hearty Vegetable						•				
Italian Wedding			•	•				•	•	
Potato Bacon Cheddar						_			•	
Roasted Red Pepper & Gouda						•				
Turkey & Wild Rice		•			•			•	•	•
Mac & Cheese			•	•	•	•				
BUNS/BREAD										
White Ciabatta					•	•				
Sourdough Panini										
OTHER										
Vanilla Greek Yogurt with Mixed Berries and Almond									*	
Granola		•	•			•			*	
Strawberry Greek Yogurt with Mixed Berries and Almond Granola		•	•			•				

^{1.} Sulphites are declared when they are present at a concentration of greater than 10ppm. All other products may contain sulphites at a concentration of less than 10ppm.

^{2.} All sandwich information is based on standard product build.