



SMOOTHIES

		SIZE	CALORIES	FAT (G)	PROTEIN (G)	CARBS (G)	SUGAR (G)	FIBER (G)	CHOLESTEROL	SODIUM	VIT A	VIT C	CALCIUM	IRON
		Percentage of R.D.A												
Acai Energizer	MED	383	3	10	85	66	6	1%	2%	19%	75%	19%	15%	
Acai Energizer	LG	517	4	11	115	93	8	1%	3%	22%	118%	25%	18%	
Age Buster	MED	439	1	20	93	71	5	1%	4%	137%	410%	43%	41%	
Age Buster	LG	548	1	23	125	101	5	1%	6%	158%	591%	52%	46%	
Awesome Acai	MED	362	3	3	86	68	5	1%	2%	9%	70%	9%	6%	
Awesome Acai	LG	524	3	6	125	99	7	1%	3%	8%	68%	10%	5%	
Banana Split	SM	291	2	5	66	49	3	0%	7%	0%	15%	5%	5%	
Banana Split	MED	571	3	10	130	98	5	0%	13%	0%	30%	9%	10%	
Banana Split	LG	837	3	13	192	151	6	0%	17%	0%	37%	17%	13%	
Banzai Blueberry	SM	157	1	2	37	29	2	1%	1%	0%	149%	5%	3%	
Banzai Blueberry	MED	328	2	4	76	60	3	1%	2%	0%	324%	11%	5%	
Banzai Blueberry	LG	454	2	6	106	86	5	1%	3%	0%	439%	16%	8%	
Berry Brilliance	SM	179	1	1	43	36	2	1%	1%	0%	8%	4%	3%	
Berry Brilliance	MED	374	1	3	90	76	3	1%	2%	0%	16%	8%	6%	
Berry Brilliance	LG	510	1	4	123	106	5	1%	4%	0%	21%	13%	7%	
Berry Slim	MED	265	4	5	56	39	5	0%	8%	14%	64%	12%	16%	
Berry Slim	LG	373	5	7	80	56	7	0%	10%	17%	91%	14%	19%	
Big Wednesday	SM	169	1	1	42	33	1	1%	1%	13%	84%	5%	4%	
Big Wednesday	MED	353	1	2	87	70	2	2%	1%	29%	170%	10%	9%	
Big Wednesday	LG	492	2	3	121	96	4	3%	2%	36%	213%	14%	13%	
Cardio Cooler	MED	458	1	16	99	78	4	2%	2%	83%	417%	20%	11%	
Cardio Cooler	LG	598	2	17	132	103	5	3%	2%	100%	577%	23%	12%	
Dr. Robeks	MED	330	2	5	77	53	3	2%	2%	25%	531%	35%	32%	
Dr. Robeks	LG	454	3	6	106	73	3	3%	3%	25%	645%	40%	35%	
Emperor Acai	SM	161	1	3	36	28	2	1%	1%	4%	32%	9%	2%	
Emperor Acai	MED	337	3	7	76	59	4	3%	2%	9%	65%	19%	5%	
Emperor Acai	LG	465	3	10	105	81	6	4%	4%	12%	109%	28%	8%	
Healthy Harmony	MED	372	2	5	90	59	4	2%	1%	20%	352%	30%	26%	
Healthy Harmony	LG	502	3	6	121	80	5	3%	2%	20%	467%	35%	29%	
Heart Health	MED	383	1	4	94	77	2	1%	2%	81%	328%	32%	24%	
Heart Health	LG	531	1	6	130	103	3	2%	2%	105%	433%	40%	30%	
Hummingbird	SM	190	1	1	46	38	1	1%	1%	26%	109%	4%	1%	
Hummingbird	MED	398	1	2	96	80	3	2%	2%	57%	234%	8%	2%	
Hummingbird	LG	545	2	2	132	106	4	3%	2%	70%	318%	12%	4%	
Iced Mocha	SM	186	7	3	23	22	0	0%	13%	0%	1%	3%	3%	
Iced Mocha	MED	360	14	4	45	43	0	0%	24%	0%	1%	5%	5%	
Iced Mocha	LG	511	18	7	68	64	0	0%	33%	0%	2%	8%	7%	
Infinite Orange	SM	171	0	3	41	33	2	0%	1%	0%	153%	6%	3%	
Infinite Orange	MED	356	1	6	85	69	4	0%	3%	0%	332%	12%	6%	
Infinite Orange	LG	482	1	8	114	95	5	0%	4%	0%	447%	18%	9%	
Mahalo Mango	SM	176	0	1	44	40	1	1%	1%	19%	33%	5%	3%	
Mahalo Mango	MED	368	1	2	92	83	2	1%	2%	41%	68%	10%	6%	
Mahalo Mango	LG	516	1	3	129	113	4	2%	2%	56%	98%	14%	8%	
Malibu Peach	SM	159	0	2	39	38	1	0%	1%	15%	121%	5%	4%	
Malibu Peach	MED	333	0	3	82	79	2	0%	2%	33%	244%	11%	8%	
Malibu Peach	LG	461	1	5	114	109	2	0%	4%	44%	362%	16%	11%	
Mini Mango	SM	175	0	1	44	42	1	0%	1%	19%	33%	5%	3%	
MuscleMax	MED	399	1	21	75	55	4	14%	4%	20%	193%	38%	21%	
MuscleMax	LG	525	2	23	110	79	7	15%	4%	10%	224%	31%	13%	
Naturally Coffee	SM	231	7	4	33	34	0	0%	14%	0%	3%	8%	2%	
Naturally Coffee	MED	463	14	9	66	69	0	0%	28%	0%	5%	17%	3%	
Naturally Coffee	LG	659	18	13	99	102	0	0%	39%	0%	8%	25%	5%	
Naturally Mocha	SM	281	7	4	45	44	0	0%	15%	0%	3%	8%	3%	
Naturally Mocha	MED	563	14	9	90	88	0	0%	29%	0%	5%	17%	5%	
Naturally Mocha	LG	809	18	13	135	130	0	0%	40%	0%	8%	25%	8%	
Passionfruit Cove	SM	175	1	1	42	34	1	1%	1%	24%	152%	4%	1%	
Passionfruit Cove	MED	367	1	2	88	73	2	2%	2%	53%	319%	8%	2%	
Passionfruit Cove	LG	506	2	2	121	98	3	3%	2%	66%	403%	11%	4%	
Passionfruit Power	MED	380	1	2	93	73	3	2%	2%	63%	329%	18%	12%	
Passionfruit Power	LG	533	2	2	128	100	4	3%	3%	72%	333%	21%	14%	
PBJ Delight	SM	216	4	3	43	40	2	0%	3%	0%	102%	5%	2%	
Pina Koolada	SM	198	1	2	47	39	1	1%	1%	11%	30%	5%	4%	
Pina Koolada	MED	410	3	3	98	82	3	1%	2%	25%	61%	10%	9%	
Pina Koolada	LG	562	4	4	133	115	4	1%	4%	32%	99%	15%	12%	
Pineapple Orange Passion	SM	195	1	1	47	34	0	2%	1%	9%	9%	7%	2%	
Pineapple Orange Passion	MED	376	3	3	89	65	0	5%	2%	16%	16%	13%	4%	
P-Nut Power	SM	286	10	9	45	32	4	0%	9%	0%	15%	6%	5%	
P-Nut Power	MED	560	19	18	88	63	7	0%	18%	0%	30%	18%	10%	
P-Nut Power	LG	822	27	25	130	98	9	0%	24%	0%	37%	19%	12%	
Polar Pineapple	SM	166	1	1	41	33	1	1%	1%	11%	43%	5%	4%	
Polar Pineapple	MED	347	1	1	86	70	2	2%	1%	25%	88%	10%	9%	
Polar Pineapple	LG	479	2	2	118	95	3	3%	2%	32%	130%	14%	12%	
Pro Arobek	MED	510	1	25	106	79	6	1%	2%	10%	33%	18%	17%	
Pro Arobek	LG	672	1	27	148	112	8	1%	4%	20%	54%	33%	29%	
Raspberry Romance	SM	171	0	1	42	37	1	1%	1%	0%	119%	4%	2%	
Raspberry Romance	MED	357	1	2	88	78	3	1%	2%	0%	254%	8%	3%	
Raspberry Romance	LG	496	1	3	122	109	4	1%	4%	0%	341%	13%	5%	
Refreshingly Raspberry	SM	184	1	1	43	32	0	2%	1%	0%	1%	6%	2%	
Refreshingly Raspberry	MED	353	2	2	82	60	0	4%	2%	0%	2%	11%	3%	
South Pacific Squeeze	SM	168	1	2	39	28	1	1%	1%	0%	166%	5%	3%	
South Pacific Squeeze	MED	349	2	4	82	58	3	2%	1%	0%	357%	10%	6%	
South Pacific Squeeze	LG	380	2	4	90	65	4	2%	1%	0%	458%	11%	9%	
Spartan Berry	SM	173	0	3	41	34	2	1%	1%	0%	85%	8%	0%	
Spartan Berry	MED	363	1	6	86	73	3	3%	3%	0%	187%	16%	0%	
Spartan Berry	LG	504	1	10	119	99	5	4%	4%	0%	240%	24%	0%	
Strawberry Sipper	SM	176	0	2	44	40	2	0%	1%	11%	32%	6%	4%	
Strawberry Temple	SM	173	0	3	41	34	2	1%	1%	0%	85%	8%	0%	
Strawberry Temple	MED	363	1	6	86	73	3	3%	3%	0%	187%	16%	0%	
Strawberry Temple	LG	504	1	10	119	99	5	4%	4%	0%	240%	24%	0%	
Strawnana Berry	SM	176	0	2	43	38	2	0%	1%	0%	25%	5%	3%	
Strawnana Berry	MED	367	0	3	89	81	3	0%	3%	0%	51%	10%	7%	
Strawnana Berry	LG	496	0	5	120	110	4	0%	4%	0%	89%	16%	10%	
Super Green	MED	313	4	10	58	51	2	0%	18%	38%	80%	13%	11%	
Super Green	LG	445	5	14	85	74	4	0%	24%	75%	126%	21%	18%	
The Replenisher	MED	433	1	9	103	76	4	2%	2%	10%	231%	15%	12%	
The Replenisher	LG	610	2	11	145	106	6	3%	3%	10%	290%	18%	13%	
Tropi-KALE	MED	372	1	4	91	77	2	1%	2%	59%	218%	19%	14%	
Tropi-KALE	LG	519	1	6	127	109	2	1%	3%	83%	323%	28%	20%	
Venice Burner	MED	412	2	12	92	59	5	2%	2%	14%	418%	19%	16%	
Venice Burner	LG	547	3	14	124	80	6	3%	2%	18%	609%	23%	17%	
800 lb. Gorilla	MED	731	10	52	111	89	4	27%	19%	20%	62%	65%	28%	
800 lb. Gorilla	LG	969	15	58	154	124	6	27%	26%	25%	77%	75%	36%	

JUICES

		SIZE	CALORIES	FAT (G)	PROTEIN (G)	CARBS (G)	SUGAR (G)	FIBER (G)	CHOLESTEROL	SODIUM	VIT A	VIT C	CALCIUM	IRON
		Percentage of R.D.A												
ABC	SM	97	0	2	22	21	0	0%	0%	349%	56%	4%	7%	
ABC	MED	178	0	3	41	38	0	0%	0%	698%	98%	8%	14%	
ABC	LG	242	0	4	56	52	0	0%	0%	930%	135%	10%	18%	
Acai/Lemon Shot	2oz	66	1	0	15	13	1	0%	0%	3%	32%	1%	1%	
Cool Cucumber	SM	101	0	0	26	20	0	0%	1%	0%	102%	2%	4%	
Cool Cucumber	MED	195	0	1	50	39	1	0%	2%	0%	203%	3%	8%	
Cool Cucumber	LG	258	0	1	67	51	1	0%	2%	0%	273%	4%	1%	
Crazy Carrot	SM	61	0	2	13	10	2	0%	3%	294%	19%	7%	7%	
Crazy Carrot	MED	132	1	4	29	23	3	0%	6%	705%	39%	14%	15%	
Crazy Carrot	LG	179	1	6	39	31	4	0%	8%	945%	53%	19%	21%	
Evergreen	SM	122	0	4	29	18	3	0%	6%	109%	254%	19%	20%	
Evergreen	MED	223	0	9	52	31	6	0%	10%	219%	491%	37%	38%	
Evergreen	LG	305	0	11	72	45	8	0%	14%	273%	646%	48%	49%	
G-Snap	SM	143	1	3	33	26	1	0%	0%	349%	167%	6%	8%	
G-Snap	MED	263	1	6	60	47	1	0%	0%	639%	307%	11%	15%	
G-Snap	LG	361	2	8	83	64	2	0%	0%	872%	419%	15%	20%	
King Kale	SM	78	0	4	18	10	0	0%	1%	383%	148%	14%	13%	
King Kale	MED	145	0	7	33</									