

Soups

French Onion (soy-based broth)
Organic Vegetable
Tomato Basil

Salads

Garden Fresh Salad Bar
 (excluding bacon, tuna pasta, green chile potato salad and regional recipes)

Nutty Mixed-Up Salad (request no chicken)
Organic field greens, grapes, feta, nuts, dried cranberries, raisins, pumpkin seeds, **organic** apples.

Chicken Club Salad (request no chicken or bacon)
 Grape tomatoes, sliced avocado, cheddar, Asiago, bacon on mixed salad greens.

NEW! **Black Bean Taco Salad**
 Lettuce, **organic** blue corn chips, topped with our black bean and roasted corn mix. Garnished with cheddar, sour cream, guacamole, pico de gallo, Southwest spices. Salsa on the side.

Fresh Fruit Bowl or Fresh Fresh Fruit Cup
 Mixed, seasonal fruit. Served with creamy fruit dip.

Sandwiches & Wraps

Spinach Veggie Wrap
Organic wheat wrap with mushrooms, **organic** spinach, Asiago, guacamole, pico de gallo. Salsa on the side.

Zucchini Grillini
 Roasted zucchini, Muenster, **organic** spinach, red onions, roma tomatoes, kalamata olives, roasted red pepper hummus, toasted on multigrain wheat bread.

Build Your Own Veggie Sandwich
 Your choice of bread, cheese, spreads and toppings!

NEW! **Caprese Panini**
 Fresh mozzarella, **organic** spinach, Roma tomatoes, fresh basil pesto, pressed within herb focaccia bread.

NEW! **Grilled Cheese & Tomato Soup Combo** (where available)
 Grilled Muenster and American cheese sandwich on multigrain wheat, served with a bowl of tomato basil soup.

Pasta

Pasta Primo (request no chicken)
 Penne pasta topped with tomato-basil sauce, Asiago.

Pasta Alfredo (request no chicken)
 Penne pasta topped with creamy Alfredo sauce, Asiago.

Zucchini Garden Pasta
 Bowtie pasta topped with roasted zucchini, our fresco mix, Asiago.

Potatoes

The Plain Jane® (request no bacon)
 Baked potato stuffed with cheddar, sour cream, natural buttery blend, bacon, green onions.

Pollo Mexicano Potato (request no chicken)
 Baked potato stuffed with cheddar, sour cream, natural buttery blend, pico de gallo, Southwest spices.

Kid's Menu

Peanut Butter & Jelly
Mac & Cheese
Grilled Cheese
Cheese Pizza
Kid's Salad Bar
 (excluding bacon, tuna pasta, green chile potato salad and regional recipes)

Sides

NEW! Caprese salad
NEW! American potato salad
NEW! Quinoa & mango salad
NEW! Italian pasta salad
 Black bean & roasted corn salad
 Steamed veggies
 Fresh fruit cup
Organic blue corn tortilla chips & guacamole
Organic blue corn tortilla chips & salsa
Organic blue corn tortilla chips & roasted red pepper hummus

All Desserts!

Vegan All The Way

Organic Vegetable Soup

Nutty Mixed-Up Salad
 (request no chicken or cheese)

Spinach Veggie Wrap (request no cheese)
Organic wheat wrap with mushrooms, **organic** spinach, asiago, guacamole, pico de gallo. Salsa on the side.

Steamed Veggies
 (broccoli, zucchini, organic carrots)

Organic blue corn tortilla chips & guacamole
Organic blue corn tortilla chips & salsa
Organic blue corn tortilla chips & hummus

Fresh Fruit Bowl or Fresh Fruit Cup (request no creamy fruit dip)

Salad Bar Choices

Salad bar greens
Organic spinach
 Grape tomatoes
 Broccoli
 Mushrooms
Organic baby carrots
 Red bell pepper strips
 Yellow bell pepper strips
 Red onion rings
 Cucumber slices
 Green olives
 Kalamata olives
 Artichokes
 Italian peppers
 Apple slices

NEW! Quinoa & mango salad
 Beets
 Sweet peas
 Zucchini sticks
 Roasted red pepper hummus
 Spicy cajun mix
 Jalapeños
 Spicy Giardiniera (where available)
 Granola
 All crackers
 (except Dr. Kracker Pumpkin Cheddar, Honey Graham, Organic Flatbread Crackers)

Dressings: Olive Oil, **Organic** Balsamic Vinegar, Red Wine Vinegar, Balsamic Vinaigrette, Raspberry Vinaigrette