



DEL TACO MENU ITEMS ALLERGEN & SENSITIVITIES LIST (September 2014)

		ALLERGENS								SENSITIVITIES	
		Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans	Gluten	MSG
TACOS	Flatbread Taco (Chicken)	X	X					X	X	X	
	Flatbread Taco (Steak)	X	X					X	X	X	
	Beer Battered Fish Taco	X	X	X				X	X	X	
	Macho Taco®	X						X	X	X	
	Taco Al Carbon (Chicken)	X						X	X	X	
	Taco Al Carbon (Steak)							X	X	X	
	Asada Taco (Chicken)	X						X	X	X	
	Asada Taco (Steak)							X	X	X	
	Bacon Ranch Grilled Chicken Taco	X	X					X	X	X	
	Double Beef Classic Taco®	X						X	X	X	
	Grilled Chicken Taco	X	X					X	X	X	
	Chipotle Beef Taco	X						X	X	X	
	Regular Taco	X						X	X	X	
BURRITOS	Spicy Grilled Chicken Burrito	X						X	X	X	
	8 Layer Veggie Burrito	X						X	X	X	
	Classic Grilled Chicken Burrito	X	X					X	X	X	
	Del Combo Burrito ™	X						X	X	X	
	Del Beef Burrito™	X						X	X	X	
	Macho Combo Burrito™	X						X	X	X	
	Macho Beef Burrito®	X						X	X	X	
	Macho Chicken Burrito™	X						X	X	X	
	1/2lb Bean & Cheese Burrito (Green)	X						X	X	X	
	1/2lb Bean & Cheese Burrito (Red)	X						X	X	X	
	Jacked Up Value Bean, Rice & Cheese Burrito	X						X	X	X	
	Value Bean & Cheese Burrito (Green)	X						X	X	X	
	Value Bean & Cheese Burrito (Red)	X						X	X	X	
FRESCA BOWLS	Fire Roasted Veggie Bowl	X							X		
	Pollo Asado Grilled Chicken Bowl	X						X	X	X	
	Southwest Grilled Chicken & Veggie Bowl	X						X	X	X	
AMERICAN GRILL	Double Del Cheeseburger®	X	X					X	X	X	
	Bacon Double Del Cheeseburger®	X	X					X	X	X	
	Del Cheeseburger™	X	X					X	X	X	
	Cheeseburger	X	X					X	X	X	
	Deluxe Chili Cheddar Fries	X						X	X	X	
	Chili Cheddar Fries	X						X	X	X	
	Crinkle-Cut Fries								*		
QUESADILLAS & NACHOS	Chicken Cheddar Quesadilla	X						X	X	X	
	Chicken Spicy Jack Quesadilla	X						X	X	X	
	Cheddar Quesadilla	X						X	*	X	
	Spicy Jack Quesadilla	X						X	*	X	
	Mini Bacon Quesadilla	X						X	*	X	
	Mini Cheddar Quesadilla	X						X	*	X	
	Macho Nachos® (Beef)	X						X	X	X	
	Macho Nachos® (Chicken)	X						X	X	X	
	Macho Nachos® (Steak)	X						X	X	X	
	Nachos	X						X	*	X	
DESSERTS & SHAKES	Cinnamon Churros	X	X					X	X	X	
	Caramel Cheesecake Bites	X	X					X	X	X	
	Chocolate Chip Cookies	X	X					X	X	X	
	Premium Shake (Chocolate)	X									
	Premium Shake (Strawberry)	X									
	Premium Shake (Vanilla)	X									
SIDES & SALADS	Bean & Cheese Cup	X						X	X	X	
	CrunchTada Tostada	X						X	X	X	
	Deluxe Taco Salad (Beef)	X						X	X	X	
	Deluxe Taco Salad (Chicken)	X						X	X	X	
KID'S MEALS	Kid's Quesadilla	X						X	*	X	
	Kid's Value Bean & Cheese Burrito (Green Sauce)	X						X	X	X	
	Kid's Value Bean & Cheese Burrito (Red Sauce)	X						X	X	X	
	Kid's Regular Taco	X						X	X	X	
	Kid's Hamburger							X	*	X	

DRINKS	Bottled Water										
	Coca-Cola										
	Diet Coke										
	Cherry Coke										
	Sprite										
	Mr. Pibb Xtra										
	Barq's Root Beer										
	Real Strawberry Lemonade										
	Minute Maid Light Lemonade										
	Tetley Iced Tea										
	Minute Maid Orange Juice										
	Hot Prima Java Coffee										
	Iced Prima Java Coffee										
	Milk	x									
BREAKFAST (Served 11 PM - 11 AM) hours may vary by location	Epic Scrambler (Bacon)	x	x					x	x	x	
	Epic Scrambler (Sausage)	x	x					x	x	x	
	Epic Scrambler (Steak)	x	x					x	x	x	
	Egg & Cheese Muffin (Bacon)	x	x					x	x	x	
	Egg & Cheese Muffin (Sausage)	x	x					x	x	x	
	Bacon & Egg Quesadilla	x	x					x	x	x	
	Egg & Cheese Burrito	x	x					x	x	x	
	1/2 lb. Steak Burrito	x	x					x	x	x	
	1/2 lb. Bacon Burrito	x	x					x	x	x	
	1/2 lb. Sausage Burrito	x	x					x	x	x	
	Breakfast Burrito	x	x					x	x	x	
	Bacon Breakfast Burrito	x	x					x	x	x	
	Hashbrown Sticks (5ct)								*		
	Hashbrown Sticks (8ct)								*		

*May contain soybean oil, not typically a source of soy allergens