

# ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten, so that our Guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**



[Applebee's Soy Allergen Information](#)



[Applebee's Egg Allergen Information](#)



[Applebee's Dairy Allergen Information](#)



[Applebee's Peanut Allergen Information](#)



[Applebee's Shellfish Allergen Information](#)



[Applebee's Tree Nut Allergen Information](#)



[Applebee's Wheat Allergen Information](#)



[Applebee's Gluten Allergen Information](#)



[Applebee's Fish Allergen Information](#)

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**Items may vary by restaurant, may not be available at all locations, and are subject to change.  
Applicable only to the U.S.A. Menu items, ingredients and preparation may differ outside of U.S.A.**

**Applebee's Guest Relations 888-59APPLE (888-592-7753)**

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# Applebee's<sup>®</sup> SOY ALLERGEN INFORMATION

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## APPETIZERS

Churro S'mores  
Green Bean Crispers  
Mozzarella Sticks  
Spinach & Artichoke Dip

## SIDES

Baked Potato - Regular and Loaded  
Signature Cole Slaw  
French Fries  
Fruit Side  
Herb Potatoes  
Mexi Rice  
Seasonal Vegetables  
Add Fried Shrimp  
Crispy Red Potatoes  
BBQ-Spiced Fries  
Cranberry Pecan Rice Blend  
Hearty Grains &  
Wild Mushroom Blend  
Sweet Potato Fries

## CHICKEN

### ***Not Including Sides***

Chicken Tenders Basket  
Chicken Tenders Platter

## SALADS WITHOUT DRESSING

Fried Chicken Salad  
Oriental Chicken Salad  
Fiesta Chicken Chopped Salad  
Green Goddess Wedge Salad

## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Garlic Caesar Dressing  
Honey Balsamic  
Honey Mustard  
Jalapeño Dressing  
Green Goddess Dressing  
Chili Lime Vinaigrette

## SEAFOOD

### ***Not Including Sides***

Double Crunch Shrimp  
Fish & Chips

## SAUCES

Honey Barbecue  
Marinara  
Balsamic Glaze  
Seafood Sauce  
Pico de Gallo  
Salsa  
Bruschetta  
Sour Cream  
Guacamole  
Black Bean Corn Salsa  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Chimichurri Sauce  
Smoky Chipotle Sauce

## KIDS MENU

### ***Not Including Sides***

Chicken Tenders  
Fried Shrimp  
Macaroni & Cheese  
Chicken Grillers

## KIDS MENU SIDES

Mozzarella Sticks  
GoGo squeeze<sup>®</sup> Applesauce  
Apple Dippers with Yogurt  
Vanilla Yogurt with Strawberries  
Steamed Broccoli  
Baby Carrots with Ranch  
White Rice  
Fries

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# Applebee's EGG ALLERGEN INFORMATION

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## APPETIZERS

Chips & Salsa  
Churro S'mores  
Crosscut Ribs  
Pot Stickers  
Salsa Verde Shredded Brisket Nachos  
Spinach & Artichoke Dip  
Double Crunch Bone-In Wings  
(with Thai peanut sauce)  
Brew Pub Pretzels & Beer Cheese Dip  
Chicken Quesadilla

## RIBS

### ***Not Including Sides***

Riblet Basket

## STEAKS

### ***Not Including Sides***

House Sirloin  
Bourbon Street Steak  
New York Strip  
Ribeye  
Shrimp 'N Parmesan Sirloin  
Steak & Grilled Shrimp  
Steak & Fried Shrimp  
Steak & Honey BBQ Chicken  
Steak & Riblets  
Sizzling Double Barrel  
Whisky Sirloins  
Pepper-Crusted Sirloin &  
Whole Grains  
Steakhouse Bruschetta Sirloin

## STEAK TOPPERS

Crispy Onion  
Grilled Onions  
Sauteed Garlic Mushrooms  
Shrimp & Parmesan

## SOUPS

Broccoli Cheese Soup  
Potato Cheese with Bacon Soup  
Chicken Tortilla Soup  
New England Clam Chowder  
Tomato Basil Soup  
Chili  
Tuscan Bean Soup with  
Chicken & Sausage  
French Onion Soup

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
BBQ-Spiced Fries  
Fruit Side  
Garlic Broccoli  
Garlic Mashed Potatoes –  
Regular and Loaded  
Seasonal Vegetables  
Mexi Rice  
Herb Potatoes  
Chili Cheese Fries  
Add Fried Shrimp  
Add Grilled Shrimp  
Crispy Red Potatoes  
Ciabatta Breadstick Basket  
Garlic Broccoli

Cranberry Pecan Rice Blend  
Hearty Grains &  
Wild Mushroom Blend  
Sweet Potato Fries

## FAJITAS

Sizzling Fajitas – Chicken,  
Steak, Shrimp & Combo(s)

## CHICKEN

### ***Not Including Sides***

Bourbon Street Chicken & Shrimp  
Napa Chicken & Portobellos  
Margarita Queso Chicken & Shrimp  
Cedar Grilled Lemon Chicken

## SALADS WITHOUT DRESSING

House Salad  
Grilled Chicken Caesar Salad  
Grilled Shrimp 'N Spinach Salad  
House Caesar Salad  
Grilled Oriental Chicken Salad

## SALAD DRESSINGS

Honey Balsamic  
Oriental Vinaigrette  
Hot Bacon Vinaigrette  
Chili Lime Vinaigrette

## PASTA

Three-Cheese Chicken Penne Pasta  
Shrimp Scampi Linguine  
Shrimp & Broccoli Cavatappi

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# Applebee's™ EGG ALLERGEN INFORMATION ... CONTINUED

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## SEAFOOD

### ***Not Including Sides***

Blackened Tilapia  
Savory Cedar Salmon

## SANDWICHES

Four-Cheese Grille

## SAUCES

Pico de Gallo  
Honey Barbecue  
Guacamole  
Seafood Sauce  
Parmesan Topping  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Creamy Cheese Sauce (Mac Sauce)  
Black Bean Corn Salsa  
Alfredo Sauce  
Sour Cream  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Chimichurri Sauce  
Sweet Asian Chile Sauce  
Smoky Chipotle Sauce

## DESSERTS

Chocolate Mousse Shooter  
Salted Caramel Pretzel Bites

## KIDS MENU

### ***Not Including Sides***

Fried Shrimp  
Grilled Cheese  
Hot Dog  
Macaroni & Cheese  
Steak  
Chicken Grillers  
Cheesy Bread Pizza  
Cheesy Grilled Chicken  
Chicken Mac 'n Cheese

## KIDS MENU SIDES

GoGo squeeZ® Applesauce  
Apple Dippers with Yogurt  
Vanilla Yogurt with Strawberries  
Steamed Broccoli  
White Rice  
Garlic Mashed Potatoes  
Fries

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## APPETIZERS

Chips & Salsa  
Churro S'mores  
Green Bean Crispers  
Pot Stickers  
Sriracha Shrimp  
Double Crunch Bone-In Wings  
(with Thai peanut sauce)

## STEAKS

### ***Not Including Sides***

House Sirloin  
New York Strip  
Ribeye  
Steak & Fried Shrimp  
Steak & Honey BBQ Chicken  
Steak & Riblets

## STEAK TOPPERS

Grilled Onions  
Crispy Onion

## SIDES

French Fries  
Fruit Side  
Mexi Rice  
Add Fried Shrimp  
Crispy Red Potatoes  
BBQ-Spiced Fries  
Hearty Grains &  
Wild Mushroom Blend  
Cranberry Pecan Rice Blend  
Sweet Potato Fries

## CHICKEN

### ***Not Including Sides***

Cedar Grilled Lemon Chicken  
Bourbon Street Chicken & Shrimp

## SALADS WITHOUT DRESSING

Grilled Shrimp 'N Spinach Salad  
Grilled Oriental Chicken Salad  
Thai Shrimp Salad

## SALAD DRESSINGS

Honey Mustard  
Hot Bacon Vinaigrette  
Chili Lime Vinaigrette

## SANDWICHES

Classic Turkey Breast

## SAUCES

Pico de Gallo  
Honey Barbecue  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Black Bean Corn Salsa  
Signature Slider Sauce  
Mayonnaise

Chunky Roma Pepper Relish  
Chimichurri Sauce  
Sweet Asian Chile Sauce

## KIDS MENU

### ***Not Including Sides***

Fried Shrimp  
Steak  
Chicken Grillers  
Hot Dog  
Corn Dog

## KIDS MENU SIDES

GoGo squeezeZ® Applesauce  
Steamed Broccoli  
White Rice  
Fries

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# Applebee's<sup>®</sup> PEANUT ALLERGEN INFORMATION

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## APPETIZERS

American Kobe-Style Meatballs  
Boneless Wings  
Brew Pub Pretzels & Beer Cheese Dip  
Chips & Salsa  
Churro S'mores  
Crosscut Ribs  
Double Crunch Bone-In Wings  
(excluding Thai peanut)  
Green Bean Crispers  
Mozzarella Sticks  
Pot Stickers (Sampler Portion)  
Salsa Verde Shredded Brisket Nachos  
Spinach & Artichoke Dip  
Sriracha Shrimp  
Sweet Chile Brisket Sliders  
Sweet Potato Fries & Dips  
Wonton Tacos  
Chicken Quesadilla

## RIBS

### ***Not Including Sides***

Riblets Platter  
Double Glazed Baby Back Ribs  
Riblet Basket  
Riblets & Chicken Tenders Platter  
Riblets & Chicken Tenders Basket  
Crosscut Ribs

## STEAKS

### ***Not Including Sides***

House Sirloin  
Bourbon Street Steak  
New York Strip

Ribeye  
Shrimp 'N Parmesan Sirloin  
Steak & Grilled Shrimp  
Steak & Fried Shrimp  
Steak & Honey BBQ Chicken  
Steak & Riblets  
Sizzling Double Barrel  
Whisky Sirloins  
Pepper-Crusted Sirloin &  
Whole Grains  
Steakhouse Bruschetta Sirloin

## STEAK TOPPERS

Crispy Onion  
Grilled Onions  
Sauteed Garlic Mushrooms  
Shrimp & Parmesan

## SOUPS

Broccoli Cheese Soup  
Potato Cheese with Bacon Soup  
Home-Style Chicken Noodle  
Chicken Tortilla Soup  
New England Clam Chowder  
French Onion Soup  
Tomato Basil Soup  
Chili  
Tuscan Bean Soup with  
Chicken & Sausage

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
BBQ-Spiced Fries

Signature Cole Slaw  
Fruit Side  
Garlic Broccoli  
Garlic Mashed Potatoes –  
Regular and Loaded  
Seasonal Vegetables  
Mexi Rice  
Herb Potatoes  
Chili Cheese Fries  
Add Fried Shrimp  
Add Grilled Shrimp  
Crispy Red Potatoes  
Ciabatta Breadstick Basket  
Cranberry Pecan Rice Blend  
Hearty Grains &  
Wild Mushroom Blend  
Sweet Potato Fries

## FAJITAS

Sizzling Fajitas – Chicken, Steak,  
Shrimp & Combo(s)

## CHICKEN

### ***Not Including Sides***

Chicken Tenders Platter  
Chicken Tenders Basket  
Napa Chicken & Portobellos  
Fiesta Lime Chicken  
Bourbon Street Chicken & Shrimp  
Honey Pepper Chicken Tenders  
Margarita Queso Chicken & Shrimp  
Cedar Grilled Lemon Chicken

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## SALADS WITHOUT DRESSING

House Salad  
Fried Chicken Salad  
Grilled Chicken Caesar Salad  
Grilled Oriental Salad  
Grilled Shrimp 'N Spinach Salad  
House Caesar Salad  
Oriental Chicken Salad  
Fiesta Chopped Chicken Salad  
Green Goddess Wedge Salad

## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Garlic Caesar Dressing  
Honey Balsamic  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Hot Bacon Vinaigrette  
Jalapeño Dressing  
Green Goddess Dressing  
Chili Lime Vinaigrette

## PASTA

Three-Cheese Chicken Penne Pasta  
4-Cheese Mac & Cheese with  
Honey Pepper Chicken Tenders  
Shrimp Scampi Linguine  
Shrimp & Broccoli Cavatappi

## SEAFOOD

### ***Not Including Sides***

Fish & Chips  
Double Crunch Shrimp  
Blackened Tilapia  
Savory Cedar Salmon

## BURGERS

Burger  
Cheeseburger  
Bacon Cheeseburger  
Cowboy Burger  
Quesadilla Burger  
Veggie Burger  
The American Standard All-In Burger  
Triple Bacon All-In Burger  
Mushroom Swiss All-In Burger  
Sweet Asian Pineapple All-In Burger

## SANDWICHES

Chicken Fajita Rollup  
Clubhouse Grille  
Oriental Chicken Salad Rollup  
Battered Fish Sandwich  
Classic Turkey Breast  
American BLT  
Four-Cheese Grille  
Artisan Grilled Chicken Ciabatta  
Turkey, Bacon & Avocado

## SAUCES

Pico de Gallo  
Honey Barbecue  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Parmesan Topping  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Creamy Cheese Sauce (Mac Sauce)  
Black Bean Corn Salsa  
Alfredo Sauce  
Signature Slider Sauce  
Sour Cream  
Mayonnaise  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Chimichurri Sauce  
Sweet Asian Chile Sauce  
Smoky Chipotle Sauce

## DESSERTS

Blue Ribbon Brownie  
Maple Pecan Brownie  
Chocolate Mousse Shooter  
Hot Fudge Sundae Shooter  
Strawberry Cheesecake Shooter  
Triple Chocolate Meltdown  
Apple Chimi Cheesecake  
Salted Caramel Pretzel Bites

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## KIDS MENU

### ***Not Including Sides***

Chicken Tenders  
Corn Dog  
Fried Shrimp  
Grilled Cheese  
Cheesy Grilled Chicken  
Mini Hamburger  
Mini Cheeseburger  
Hot Dog  
Macaroni & Cheese  
Steak  
Oreo<sup>®</sup> Cookie Sundae  
Sundae  
Chicken Grillers  
Cheese Quesadilla  
Cheesy Bread Pizza  
Chicken Mac 'n Cheese  
Chicken Quesadilla

## KIDS MENU SIDES

Mozzarella Sticks  
GoGo squeeZ<sup>®</sup> Applesauce  
Apple Dippers with Yogurt  
Vanilla Yogurt with Strawberries  
Steamed Broccoli  
House Salad (without dressing)  
Caesar Salad  
Baby Carrots with Ranch  
White Rice  
Garlic Mashed Potatoes  
Fries

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# Applebee's SHELLFISH ALLERGEN INFORMATION

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## APPETIZERS

American Kobe-Style Meatballs  
Boneless Wings  
Brew Pub Pretzels & Beer Cheese Dip  
Chips & Salsa  
Churro S'mores  
Crosscut Ribs  
Double Crunch Bone-In Wings  
Green Bean Crispers  
Mozzarella Sticks  
Salsa Verde Shredded Brisket Nachos  
Spinach & Artichoke Dip  
Sweet Chile Brisket Sliders  
Sweet Potato Fries & Dips  
Wonton Tacos  
Chicken Quesadilla

## RIBS

### ***Not Including Sides***

Riblets Platter  
Double Glazed Baby Back Ribs  
Riblet Basket  
Riblets & Chicken Tenders Platter  
Riblets & Chicken Tenders Basket  
Crosscut Ribs

## STEAKS

### ***Not Including Sides***

House Sirloin  
Bourbon Street Steak  
New York Strip  
Ribeye  
Steak & Honey BBQ Chicken  
Steak & Riblets

Sizzling Double Barrel  
Whisky Sirloins  
Pepper-Crusted Sirloin &  
Whole Grains  
Steakhouse Bruschetta Sirloin

## STEAK TOPPERS

Crispy Onion  
Grilled Onions  
Sautéed Garlic Mushrooms

## SOUPS

Broccoli Cheese Soup  
Potato Cheese with Bacon Soup  
Home-Style Chicken Noodle  
Chicken Tortilla Soup  
French Onion Soup  
Tomato Basil Soup  
Chili  
Tuscan Bean Soup with  
Chicken & Sausage

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
BBQ-Spiced Fries  
Signature Cole Slaw  
Fruit Side  
Garlic Broccoli  
Garlic Mashed Potatoes –  
Regular and Loaded  
Seasonal Vegetables  
Mexi Rice  
Herb Potatoes

Chili Cheese Fries  
Crispy Red Potatoes  
Ciabatta Breadstick Basket  
Cranberry Pecan Rice Blend  
Hearty Grains &  
Wild Mushroom Blend  
Sweet Potato Fries

## FAJITAS

Sizzling Fajitas –  
Chicken and Steak only

## CHICKEN

### ***Not Including Sides***

Chicken Tenders Basket  
Chicken Tenders Platter  
Napa Chicken & Portobellos  
Fiesta Lime Chicken  
Honey Pepper Chicken Tenders  
Cedar Grilled Lemon Chicken

## SALADS WITHOUT DRESSING

House Salad  
Grilled Chicken Caesar Salad  
Grilled Oriental Chicken Salad  
House Caesar Salad  
Oriental Chicken Salad  
Pecan Crusted Chicken Salad  
Fried Chicken Salad  
Fiesta Chicken Chopped Salad  
Green Goddess Wedge Salad

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# Applebee's SHELLFISH ALLERGEN INFORMATION ... CONTINUED

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## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Garlic Caesar Dressing  
Chili Lime Vinaigrette  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Honey Balsamic  
Hot Bacon Vinaigrette  
Jalapeño Dressing  
Green Goddess Dressing

## PASTA

Three-Cheese Chicken Penne Pasta  
4-Cheese Mac & Cheese with  
Honey Pepper Chicken Tenders

## SEAFOOD

### ***Not Including Sides***

Fish & Chips  
Blackened Tilapia  
Savory Cedar Salmon

## BURGERS

Burger  
Cheeseburger  
Bacon Cheeseburger  
Cowboy Burger  
Quesadilla Burger  
Veggie Burger  
The American Standard All-In Burger  
Triple Bacon All-In Burger  
Mushroom Swiss All-In Burger  
Sweet Asian Pineapple All-In Burger

## SANDWICHES

Chicken Fajita Rollup  
Clubhouse Grille  
Oriental Chicken Salad Rollup  
Philly Cheese Steak  
Battered Fish Sandwich  
Classic Turkey Breast  
American BLT  
Four-Cheese Grille  
Artisan Grilled Chicken Ciabatta  
Turkey, Bacon & Avocado

## SAUCES

Pico de Gallo  
Honey Barbecue  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Parmesan Topping  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Creamy Cheese Sauce (Mac Sauce)  
Black Bean Corn Salsa  
Signature Slider Sauce  
Alfredo Sauce  
Sour Cream  
Mayonnaise  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Chimichurri Sauce  
Sweet Asian Chile Sauce  
Smoky Chipotle Sauce

## DESSERTS

Blue Ribbon Brownie  
Chocolate Chip Cookie Sundae  
Maple Pecan Brownie  
Chocolate Mousse Shooter  
Hot Fudge Sundae Shooter  
Strawberry Cheesecake Shooter  
Triple Chocolate Meltdown  
Apple Chimi Cheesecake  
Salted Caramel Pretzel Bites

## KIDS MENU

### ***Not Including Sides***

Chicken Tenders  
Corn Dog  
Grilled Cheese  
Cheesy Grilled Chicken  
Mini Hamburger  
Mini Cheeseburger  
Hot Dog  
Macaroni & Cheese  
Chicken Quesadilla  
Steak  
Sundae  
Oreo® Cookie Sundae  
Chicken Mac 'n Cheese  
Chicken Grillers  
Cheese Quesadilla  
Cheesy Bread Pizza

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# Applebee's SHELLFISH ALLERGEN INFORMATION ... CONTINUED

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## KIDS MENU SIDES

Mozzarella Sticks  
GoGo squeeZ® Applesauce  
Apple Dippers with Yogurt  
Vanilla Yogurt with Strawberries  
Steamed Broccoli  
House Salad (without dressing)  
Caesar Salad  
Baby Carrots with Ranch  
White Rice  
Garlic Mashed Potatoes  
Fries

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# Applebee's™ TREE NUT ALLERGEN INFORMATION

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## APPETIZERS

American Kobe-Style Meatballs  
Boneless Wings  
Brew Pub Pretzels & Beer Cheese Dip  
Chips & Salsa  
Churro S'mores  
Crosscut Ribs  
Double Crunch Bone-In Wings  
Green Bean Crispers  
Mozzarella Sticks  
Pot Stickers  
Salsa Verde Shredded Brisket Nachos  
Spinach & Artichoke Dip  
Sriracha Shrimp  
Sweet Chile Brisket Sliders  
Sweet Potato Fries & Dips  
Wonton Tacos  
Chicken Quesadilla

## RIBS

### **Not Including Sides**

Riblets Platter  
Double Glazed Baby Back Ribs  
Riblet Basket  
Riblets & Chicken Tenders Platter  
Riblets & Chicken Tenders Basket  
Crosscut Ribs

## STEAKS

### **Not Including Sides**

House Sirloin  
Bourbon Street Steak  
New York Strip  
Ribeye  
Shrimp 'N Parmesan Sirloin

Steak & Grilled Shrimp  
Steak & Fried Shrimp  
Steak & Honey BBQ Chicken  
Steak & Riblets  
Sizzling Double Barrel  
Whisky Sirloins  
Pepper-Crusted Sirloin  
& Whole Grains  
Steakhouse Bruschetta Sirloin

## STEAK TOPPERS

Crispy Onion  
Grilled Onions  
Sauteed Garlic Mushrooms  
Shrimp & Parmesan

## SOUPS

Broccoli Cheese Soup  
Potato Cheese with Bacon Soup  
Home-Style Chicken Noodle  
Chicken Tortilla Soup  
New England Clam Chowder  
French Onion Soup  
Tomato Basil Soup  
Chili  
Tuscan Bean Soup with  
Chicken & Sausage

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
BBQ-Spiced Fries  
Signature Cole Slaw  
Fruit Side  
Garlic Broccoli

Garlic Mashed Potatoes –  
Regular and Loaded  
Seasonal Vegetables  
Mexi Rice  
Herb Potatoes  
Chili Cheese Fries  
Add Fried Shrimp  
Add Grilled Shrimp  
Crispy Red Potatoes  
Ciabatta Breadstick Basket  
Hearty Grains &  
Wild Mushroom Blend  
Sweet Potato Fries

## FAJITAS

Sizzling Fajitas – Chicken, Steak,  
Shrimp & Combo(s)

## CHICKEN

### **Not Including Sides**

Chicken Tenders Basket  
Chicken Tenders Platter  
Napa Chicken & Portobellos  
Fiesta Lime Chicken  
Bourbon Street Chicken & Shrimp  
Honey Pepper Chicken Tenders  
Margarita Queso Chicken & Shrimp

## SALADS WITHOUT DRESSING

House Salad  
Grilled Chicken Caesar Salad  
Fried Chicken Salad  
House Caesar Salad  
Fiesta Chicken Chopped Salad

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# Applebee's™ TREE NUT ALLERGEN INFORMATION ... CONTINUED

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## **SALAD DRESSINGS**

Ranch  
Creamy Bleu Cheese  
Garlic Caesar Dressing  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Hot Bacon Vinaigrette  
Honey Balsamic  
Jalapeño Dressing  
Green Goddess Dressing  
Chili Lime Vinaigrette

## **PASTA**

Three-Cheese Chicken Penne Pasta  
4-Cheese Mac & Cheese with  
Honey Pepper Chicken Tenders  
Shrimp Scampi Linguine  
Shrimp & Broccoli Cavatappi

## **SEAFOOD**

### ***Not Including Sides***

Fish & Chips  
Double Crunch Shrimp  
Blackened Tilapia  
Savory Cedar Salmon

## **BURGERS**

Burger  
Cheeseburger  
Bacon Cheeseburger  
Cowboy Burger  
Quesadilla Burger  
Veggie Burger

The American Standard All-In Burger  
Triple Bacon All-In Burger  
Mushroom Swiss All-In Burger  
Sweet Asian Pineapple All-In Burger

## **SANDWICHES**

Chicken Fajita Rollup  
Clubhouse Grille  
Battered Fish Sandwich  
Classic Turkey Breast  
American BLT  
Four-Cheese Grille  
Artisan Grilled Chicken Ciabatta  
Turkey, Bacon & Avocado

## **SAUCES**

Pico de Gallo  
Honey Barbecue  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Parmesan Topping  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Creamy Cheese Sauce (Mac Sauce)  
Black Bean Corn Salsa  
Signature Slider Sauce  
Alfredo Sauce  
Sour Cream  
Mayonnaise  
Napa Valley Red Wine Sauce

Chunky Roma Pepper Relish  
Chimichurri Sauce  
Sweet Asian Chile Sauce  
Smoky Chipotle Sauce

## **DESSERTS**

Chocolate Mousse Shooter  
Hot Fudge Sundae Shooter  
Strawberry Cheesecake Shooter  
Triple Chocolate Meltdown  
Salted Caramel Pretzel Bites

## **KIDS MENU**

### ***Not Including Sides***

Chicken Tenders  
Corn Dog  
Fried Shrimp  
Grilled Cheese  
Cheesy Grilled Chicken  
Mini Hamburger  
Mini Cheeseburger  
Hot Dog  
Macaroni & Cheese  
Steak  
Sundae  
Oreo® Cookie Sundae  
Chicken Grillers  
Cheese Quesadilla  
Cheesy Bread Pizza  
Chicken Mac 'n Cheese  
Chicken Quesadilla

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## KIDS MENU SIDES

Mozzarella Sticks  
GoGo squeeZ® Applesauce  
Apple Dippers with Yogurt  
Vanilla Yogurt with Strawberries  
Steamed Broccoli  
House Salad (without dressing)  
Caesar Salad  
Baby Carrots with Ranch  
White Rice  
Garlic Mashed Potatoes  
Fries

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# Applebee's WHEAT ALLERGEN INFORMATION

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## APPETIZERS

Chips & Salsa  
Salsa Verde Shredded Brisket Nachos

## STEAK TOPPERS

Grilled Onions  
Shrimp 'N Parmesan

## SOUP

Tuscan Bean Soup with  
Chicken & Sausage

## SIDES

Baked Potato - Regular and Loaded  
French Fries  
BBQ-Spiced Fries  
Signature Cole Slaw  
Fruit Side  
Garlic Mashed Potatoes -  
Regular and Loaded  
Seasonal Vegetables  
Mexi Rice  
Herb Potatoes  
Add Grilled Shrimp  
Crispy Red Potatoes  
Sweet Potato Fries

## CHICKEN

### ***Not Including Sides***

Fiesta Lime Chicken  
Napa Chicken & Portobellos  
Bourbon Street Chicken & Shrimp  
Margarita Queso Chicken & Shrimp

## SALADS WITHOUT DRESSING

Grilled Shrimp 'N Spinach Salad  
Fiesta Chicken Chopped Salad

## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Garlic Caesar Dressing  
Honey Balsamic  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Jalapeño Dressing  
Green Goddess Dressing  
Chili Lime Vinaigrette

## SEAFOOD

### ***Not Including Sides***

Blackened Tilapia  
Savory Cedar Salmon

## SAUCES

Pico de Gallo  
Honey Barbecue  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Parmesan Topping  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Black Bean Corn Salsa  
Signature Slider Sauce

Mayonnaise

Sour Cream  
Alfredo Sauce  
Creamy Cheese Sauce (Mac Sauce)  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Chimichurri Sauce  
Smoky Chipotle Sauce

## DESSERTS

Hot Fudge Sundae Shooter

## KIDS MENU

### ***Not Including Sides***

Sundae  
Chicken Grillers

## KIDS MENU SIDES

GoGo squeeZ® Applesauce  
Apple Dippers with Yogurt  
Vanilla Yogurt with Strawberries  
Steamed Broccoli  
Baby Carrots with Ranch  
White Rice  
Garlic Mashed Potatoes  
Fries

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# Applebee's<sup>®</sup> GLUTEN ALLERGEN INFORMATION

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## APPETIZERS

Chips & Salsa  
Salsa Verde Shredded Brisket Nachos

## STEAK TOPPERS

Grilled Onions  
Shrimp 'N Parmesan

## SOUP

Tuscan Bean Soup with  
Chicken & Sausage

## SIDES

Baked Potato - Regular and Loaded  
French Fries  
BBQ-Spiced Fries  
Signature Cole Slaw  
Fruit Side  
Garlic Mashed Potatoes -  
Regular and Loaded  
Seasonal Vegetables  
Mexi Rice  
Herb Potatoes  
Add Grilled Shrimp  
Crispy Red Potatoes  
Sweet Potato Fries

## CHICKEN

### ***Not Including Sides***

Napa Chicken & Portobellos  
Fiesta Lime Chicken  
Bourbon Street Chicken & Shrimp  
Margarita Queso Chicken & Shrimp

## SALADS WITHOUT DRESSING

Grilled Shrimp 'N Spinach Salad  
Fiesta Chicken Chopped Salad

## SALAD DRESSINGS

Ranch  
Creamy Bleu Cheese  
Garlic Caesar Dressing  
Honey Balsamic  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Jalapeño Dressing  
Green Goddess Dressing  
Chili Lime Vinaigrette

## SEAFOOD

### ***Not Including Sides***

Blackened Tilapia  
Savory Cedar Salmon

## SAUCES

Pico de Gallo  
Guacamole  
Marinara  
Salsa  
Bruschetta  
Balsamic Glaze  
Black Bean Corn Salsa  
Signature Slider Sauce  
Mayonnaise  
Sour Cream  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish

Chimichurri Sauce  
Alfredo Sauce  
Honey Barbecue Sauce  
Smoky Chipotle Sauce

## KIDS MENU

### ***Not Including Sides***

Chicken Grillers

## KIDS MENU SIDES

GoGo squeeze<sup>®</sup> Applesauce  
Apple Dippers with Yogurt  
Vanilla Yogurt with Strawberries  
Steamed Broccoli  
Baby Carrots with Ranch  
White Rice  
Garlic Mashed Potatoes  
Fries

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# Applebee's FISH ALLERGEN INFORMATION

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## APPETIZERS

American Kobe-Style Meatballs  
Boneless Wings  
Chips & Salsa  
Churro S'mores  
Crosscut Ribs  
Double Crunch Bone-In Wings  
Green Bean Crispers  
Mozzarella Sticks  
Pot Stickers  
Salsa Verde Shredded Brisket Nachos  
Spinach & Artichoke Dip  
Sriracha Shrimp  
Sweet Chile Brisket Sliders  
Sweet Potato Fries & Dips  
Wonton Tacos  
Chicken Quesadilla  
Brew Pub Pretzels & Beer Cheese Dip

## RIBS

### ***Not Including Sides***

Riblets Platter  
Double Glazed Baby Back Ribs  
Riblet Basket  
Riblets & Chicken Tenders Platter  
Riblets & Chicken Tenders Basket  
Crosscut Ribs

## STEAKS

### ***Not Including Sides***

Ribeye  
Bourbon Street Steak  
New York Strip  
Shrimp 'N Parmesan Sirloin  
Steak & Grilled Shrimp

Steak & Fried Shrimp  
Steak & Honey BBQ Chicken  
Steak & Riblets  
House Sirloin  
Sizzling Double Barrel  
Whisky Sirloins  
Pepper-Crusted Sirloin &  
Whole Grains  
Steakhouse Bruschetta Sirloin

## STEAK TOPPERS

Crispy Onion  
Grilled Onions  
Sauteed Garlic Mushrooms  
Shrimp & Parmesan

## SOUPS

Broccoli Cheese Soup  
Home-Style Chicken Noodle  
Chicken Tortilla Soup  
French Onion Soup  
Tomato Basil Soup  
Chili  
Tuscan Bean Soup with  
Chicken & Sausage  
Potato Cheese with Bacon Soup

## SIDES

Baked Potato – Regular and Loaded  
French Fries  
BBQ-Spiced Fries  
Signature Cole Slaw  
Fruit Side  
Garlic Broccoli  
Seasonal Vegetables

Garlic Mashed Potatoes –  
Regular and Loaded  
Mexi Rice  
Herb Potatoes  
Chili Cheese Fries  
Add Fried Shrimp  
Add Grilled Shrimp  
Crispy Red Potatoes  
Ciabatta Breadstick Basket  
Hearty Grains &  
Wild Mushroom Blend  
Cranberry Pecan Rice Blend  
Sweet Potato Fries

## CHICKEN

### ***Not Including Sides***

Chicken Tenders Basket  
Chicken Tenders Platter  
Napa Chicken & Portobellos  
Fiesta Lime Chicken  
Bourbon Street Chicken & Shrimp  
Honey Pepper Chicken Tenders  
Margarita Queso Chicken & Shrimp  
Cedar Grilled Lemon Chicken

## SALADS WITHOUT DRESSING

House Salad  
Fried Chicken Salad  
Grilled Oriental Chicken Salad  
Grilled Shrimp 'N Spinach Salad  
Oriental Chicken Salad  
Pecan Crusted Chicken Salad  
Grilled Chicken Caesar Salad

**Continued on next page . . .**

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## SALADS WITHOUT DRESSING

### ... CONTINUED

House Caesar Salad  
Fiesta Chicken Chopped Salad  
Thai Shrimp Salad

## SALAD DRESSINGS

Ranch  
Honey Balsamic  
Honey Mustard  
Mexi Ranch  
Oriental Vinaigrette  
Hot Bacon Vinaigrette  
Jalapeño Dressing  
Chili Lime Vinaigrette

## PASTA

Three-Cheese Chicken Penne Pasta  
4-Cheese Mac & Cheese with  
Honey Pepper Chicken Tenders  
Shrimp Scampi Linguine  
Shrimp & Broccoli Cavatappi

## SEAFOOD

### **Not Including Sides**

Double Crunch Shrimp

## BURGERS

Burger  
Cheeseburger  
Bacon Cheeseburger  
Cowboy Burger  
Quesadilla Burger

## Veggie Burger

The American Standard All-In Burger  
Triple Bacon All-In Burger  
Sweet Asian Pineapple All-In Burger

## SANDWICHES

Chicken Fajita Rollup  
Clubhouse Grille  
Oriental Chicken Salad Rollup  
Four-Cheese Grille

## SAUCES

Pico de Gallo  
Honey Barbecue  
Guacamole  
Tartar Sauce  
Seafood Sauce  
Parmesan Topping  
Marinara  
Wing Sauce  
Salsa  
Bruschetta  
Balsamic Glaze  
Creamy Cheese Sauce (Mac Sauce)  
Black Bean Corn Salsa  
Signature Slider Sauce  
Alfredo Sauce  
Mayonnaise  
Sour Cream  
Napa Valley Red Wine Sauce  
Chunky Roma Pepper Relish  
Chimichurri Sauce  
Sweet Asian Chile Sauce  
Smoky Chipotle Sauce

## DESSERTS

Blue Ribbon Brownie  
Chocolate Chip Cookie Sundae  
Maple Pecan Brownie  
Chocolate Mousse Shooter  
Hot Fudge Sundae Shooter  
Strawberry Cheesecake Shooter  
Triple Chocolate Meltdown  
Apple Chimi Cheesecake  
Salted Caramel Pretzel Bites

## KIDS MENU

### **Not Including Sides**

Chicken Tenders  
Corn Dog  
Fried Shrimp  
Grilled Cheese  
Cheesy Grilled Chicken  
Mini Hamburger  
Mini Cheeseburger  
Hot Dog  
Macaroni & Cheese  
Steak  
Sundae  
Oreo® Cookie Sundae  
Chicken Grillers  
Cheese Quesadilla  
Cheesy Bread Pizza

Limited time offers, test products, and regional items are not included in the posted information. While efforts are made to keep this information current, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, product changes, preparation techniques, and/or the season. We recommend that our guests with food allergies or special dietary needs consult with a restaurant manager prior to placing an order to review the posted information for accuracy and availability at that particular location. Because this information changes, please make sure you are referencing the most current version (see box below). **Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.**

**Applebee's Guest Relations 888-59APPLE (888-592-7753)**

**APPLICABLE ONLY TO THE U.S.A. THIS INFORMATION IS GOOD THROUGH 05/17/2015.**



# Applebee's FISH ALLERGEN INFORMATION . . . CONTINUED

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. Our commitment to you is to provide the most current allergen information available from our food suppliers. The menu items listed on this page are not prepared with fish or made with ingredients that contain fish when prepared according to the standard recipe. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

## KIDS MENU SIDES

- Chicken Mac 'n Cheese
- Chicken Quesadilla
- Mozzarella Sticks
- GoGo squeeZ® Applesauce
- Apple Dippers with Yogurt
- Vanilla Yogurt with Strawberries
- Steamed Broccoli
- House Salad (without dressing)
- Baby Carrots with Ranch
- White Rice
- Garlic Mashed Potatoes
- Fries

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